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## **Synthesis and Characterization of Oleic Acid Coated Magnetic Nanoparticles for Hyperthermia Applications**

Research Article

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### **Abstract**

The present study focuses on obtaining highly stable iron oxide nanoparticles (IONs), stabilized by the coating of oleic acid (OA) for magnetic nano hyperthermia (MNH) applications. For this purpose, bare and different amounts of oleic acid (0.2%, 0.5% and 1.0%, v/v) coated IONs were prepared by co-precipitation method. Then, their structures, morphologies, magnetic properties and heating abilities were characterized by using suitable techniques. IONs+1.0%OA nanoparticles showed low agglomeration with high dispersion capacity. Moreover, 1.0% OA coating showed the highest heating ability with a temperature increase of (25.2 °C) compared to IONs+OA (0.2%, 16.4 °C; 0.5%, 19 °C), but similar to bare IONs (26.7 °C). The specific absorption rate (SAR) values of bare IONs and IONs+OA (0.2%, 0.5%, 1.0%, v/v) were found as 39.50, 34.81, 23.36 and 45.98 W/g, respectively. Our results showed that comparable hyperthermia effect of IONs+1.0%OA with bare IONs was attributable to their uniform dispersion performance along with higher SAR values. We concluded that the dispersion of hydrophobic IONs+OA in the aqueous medium is one of the critical requirements for increasing temperature in magnetic nano hyperthermia applications.

**Keywords:** Iron oxide nanoparticles, magnetic hyperthermia, oleic acid, co-precipitation.

### **1.INTRODUCTION**

Hyperthermia is introduced as an adjuvant therapy for various cancers, in which the targeted tissue is exposed to high temperatures. Traditional hyperthermia produces the highest temperature gradient on the body's surface that immediately diminishes with distance from the heat-generating sources such as radiofrequency, microwave, laser, ultrasound and magnetic field [1, 2]. Therefore, the heat delivery rate to the tumor site remains quite limited. Nanomaterials have the potential for use as the hyperthermia agents that can absorb energy from the external magnetic field and increase the effect of heating in tumor site [3, 4].

Magnetic nano hyperthermia (MNH) is a promising therapeutic procedure for the treatment of various cancers. It depends on the idea that magnetic nanoparticles delivered to tumors can generate heat after exposure to the noninvasive magnetic field and consequently induce cell death [5]. The increase of temperatures above 46 °C lead cancer cells to necrosis, whereas moderate temperature increases up to 41 °C - 45 °C might change the functionality of intercellular proteins that cause cellular degradation and induce apoptosis [1, 5]. In contrast to necrosis, hyperthermia induced apoptosis is a preferable cellular death pathway for tumor eradication because it does not cause undesirable effects on healthy tissue [3, 6].

Iron oxide nanoparticles (IONs) have received tremendous attention because of their unique magnetic properties, high surface area, magnetothermal effect and biocompatibility. For many years, IONs have been successfully used for bio-applications that include targeted drug delivery, magnetic separation and magnetic nano hyperthermia (MNH) [7-9]. Iron oxide nanoparticles could be utilized as MNH agents to trigger heat-induced cell death [3]. When IONs are targeted or injected into tumor site and exposed to an alternating magnetic field, they become a source of heat which capable of increasing temperature to kill cancer cells [10]. However, the effective interaction between magnetic fields and IONs depends on the physical and chemical properties of nanoparticles, such as size, shape, saturation magnetization, state of aggregation and monodispersibility, etc. [11].

Chemical co-precipitation is the most conventional method for the production of IONs because of its simplicity and productivity. This method is based on the reaction between ferric and ferrous ions in aqueous media under basic conditions. Although gram-scale production and facility are the best-known advantages of the co-precipitation, the obtained IONs are highly agglomerated because of difficulty in controlling particle-particle interactions and distributions [12, 13]. Agglomeration of nanoparticles is a major challenge for biological applications. This also reduces the heating ability of IONs. Therefore, IONs generally coated with surfactants such as oleic acid (OA), polyethylene glycol (PEG), or citric acid. Oleic acid stabilizes the IONs and prevents oxidation or erosion caused by oxygen and acid or base, respectively [14]. Moreover, OA coating facilitates IONs uniform suspension performance such as dispersibility and stability [12, 14].

There are some studies investigating OA coating on IONs within low (0–1.5 wt%) or high (8–96 wt%) OA concentration [15, 16]. Lai et al. investigated low OA concentrations for IONs coating and they only determined optimum OA loading amount in terms of IONs colloidal stability [15]. On the other hand, Ghosh et al. used high OA concentrations and they characterized the heating ability of OA coated IONs [17]. Some other studies functionalized the surface of IONs with using constant OA concentration and the heating potential of the OA coated IONs were determined for hyperthermia applications [18, 19].

Although oleic acid is a commonly used surfactant to encapsulate magnetic nanoparticles, as far as we know, few studies have been carried out on the heating ability of OA coated IONs for hyperthermia studies. Hence, we have investigated the effect of (i) low OA concentrations on physical and chemical properties of iron oxide nanoparticles, (ii) different amounts of nanoparticles and OA concentrations on heating performance of IONs under relatively low alternating magnetic field, with comprehensive characterization techniques. In this study, we have prepared OA coated iron oxide nanoparticles by co-precipitation method. The structure, morphology and magnetic properties of nanoparticles were characterized by using the X-ray diffraction (XRD), Fourier transform infrared spectroscopy (ATR-FTIR), thermogravimetric analysis (TGA), transmission electron microscopy (TEM), dynamic light scattering (DLS) and vibrating sample magnetometer (VSM). Then, the induction heating ability and specific absorption rate (SAR) values of nanoparticles were evaluated under exposure of alternating magnetic field.

The amount of optimum oleic acid concentration required on the IONs and concentration dependent heating abilities of IONs were investigated for hyperthermia efficiency.

## 2. EXPERIMENTAL SECTION

### 2.1. Materials

Ferric chloride hexahydrate ( $\text{FeCl}_3 \cdot 6\text{H}_2\text{O}$ ), ferrous chloride tetrahydrate ( $\text{FeCl}_2 \cdot 4\text{H}_2\text{O}$ ) and oleic acid (OA, technical grade, 90%) were purchased from Sigma Aldrich (USA). Ammonium hydroxide ( $\text{NH}_4\text{OH}$ , 25%) and hydrochloric acid ( $\text{HCl}$ , 37%) were obtained from Merck (Germany).

### 2.2. Synthesis of iron oxide nanoparticles

Iron oxide nanoparticles were prepared by co-precipitation method according to the Massart's procedure [20]. Ultra-pure water used for solution preparations was degassed with nitrogen for 30 min before synthesis. In a typical synthesis, aqueous solutions of ferric chloride hexahydrate (8 mL; 2.162 g; 1 M) and ferrous chloride tetrahydrate (2 mL; 0.793 g; 2 M  $\text{HCl}$ ) was added to 100 mL of ultra-pure water in a three necked flask. Then, the solution temperature was increased step by step to 50 °C under constant stirring, followed by dropwise addition of ammonium hydroxide (5.3 mL; 0.7 M) solution. After that, the reaction was cooled to room temperature and the resultant suspension was washed three times with ultra-pure water to remove excess ammonia. The mixture was located on a neodymium magnet followed by removal of the upper supernatant. Finally, the black precipitate was dried under vacuum for further analysis.

### 2.3. Synthesis of oleic acid coated iron oxide nanoparticles

*In situ* oleic acid coating of IONs with different concentrations (0.2%, 0.5% and 1.0%, v/v) were carried out with the same procedure described above where OA was poured into the reaction mixture before the addition of ammonium hydroxide solution. Then, the same as bare IONs synthesis, the reaction was cooled to room temperature and oleic acid coated IONs were washed repeatedly with ultra-pure water and ethanol, respectively. OA coated IONs were collected by magnetic decantation and dried under vacuum for further characterizations. After this point, bare nanoparticles and IONs coated with 0.2, 0.5 and 1.0%, v/v OA concentrations are abbreviated as IONs, IONs+0.2%OA, IONs+0.5%OA and IONs+1.0%OA, respectively.

### 2.4. Characterization of magnetic nanoparticles

The crystal structure of the iron oxide nanoparticles was investigated by X-ray diffraction analysis (Rigaku, D/Max-B, Tokyo, Japan) using  $\text{CuK}\alpha$  radiation at a scanning rate of 0.2°/min, from 20 to 80°. The average crystallite size was calculated based on the XRD pattern according to the Scherrer's equation (1) [21]:

$$d = 0.9\lambda/\beta \cos \theta \quad (1)$$

where  $d$  is the crystallite size,  $\lambda$  is the X-ray wavelength ( $\lambda=1.5405 \text{ \AA}$ ),  $\beta$  is the full width at half maximum (fwhm) and  $\theta$  is Bragg angle.

The presence of various functional groups on the surface of the iron oxide nanoparticles before and after OA coating was analyzed by Attenuated total reflection Fourier Transform Infrared (ATR-FTIR) Spectroscopy (Nicolet iS10, Thermo Scientific, USA) in the range of 1000 - 4000  $\text{cm}^{-1}$ .

The amount of OA coatings was determined by thermogravimetric analysis (TGA) using Exstar 6000 TG/DTA 6300 (SII Nano Technology Inc., Japan). Samples were heated from 30 to 900  $^{\circ}\text{C}$  with a heating rate 10  $^{\circ}\text{C}/\text{min}$  under nitrogen atmosphere. Mass losses were quantified from the obtained thermograms.

The morphology and size of the synthesized nanoparticles were examined by using transmission electron microscopy (TEM, FEI Tecnai G2 Spirit BioTwin, USA). The aqueous dispersions of iron oxide nanoparticles were dropped onto copper grid and the samples were dried prior to the analysis. The average sizes and size distributions of iron oxide nanoparticles were calculated from TEM images using ImageJ software (National Institute of Health, USA).

The hydrodynamic size and size distribution of the iron oxide nanoparticles were determined by dynamic light scattering (DLS) experiments using a Zetasizer Nano ZS (Malvern, UK) at room temperature.

The magnetic field dependent magnetization of iron oxide nanoparticles was measured with quantum design physical property measurement system (QD-PPMS, USA) at room temperature in the field range between  $-2 T$  and  $+2 T$ .

## 2.5. Heating potential evaluation of iron oxide nanoparticles

Magnetic hyperthermia experiments were carried out using Easy Heat 8310 system (Ambrell, UK) with a 3.43 cm diameter (8 turns) heating coil. Cold water circulation is provided to keep the coil at ambient temperature. Bare and OA coated IONs (1-10  $\text{mg}/\text{mL}$ ) were suspended in 2.5 mL of distilled water in a glass vial and sonicated for 1-2 min to achieve homogeneous dispersions. Then, samples were placed at the center of the coil and induction heating was applied at 100 A, 312 kHz frequency during 10 min. Magnetic field strength (H) was calculated from the equation (2) given below [17]:

$$H = 1.257 ni/L \text{ (Oe)} \quad (2)$$

where  $n$  is the number of turns,  $i$  is the applied current and  $L$  is the diameter of coil in centimeters. Calculated values of magnetic field strength (H) was 295.5 Oe (equivalent to 23.51  $\text{kA}/\text{m}$ ). Temperature was measured with fiber optic temperature sensor (Neoptix, Canada).

The efficiency of the heating potential of the magnetic nanoparticles was represented by the specific absorption rate (SAR) or specific loss power (SLP), which is defined as the heating power generated per unit mass [4, 22]. The magnitude of the SAR was calculated by the equation (3) [23]:

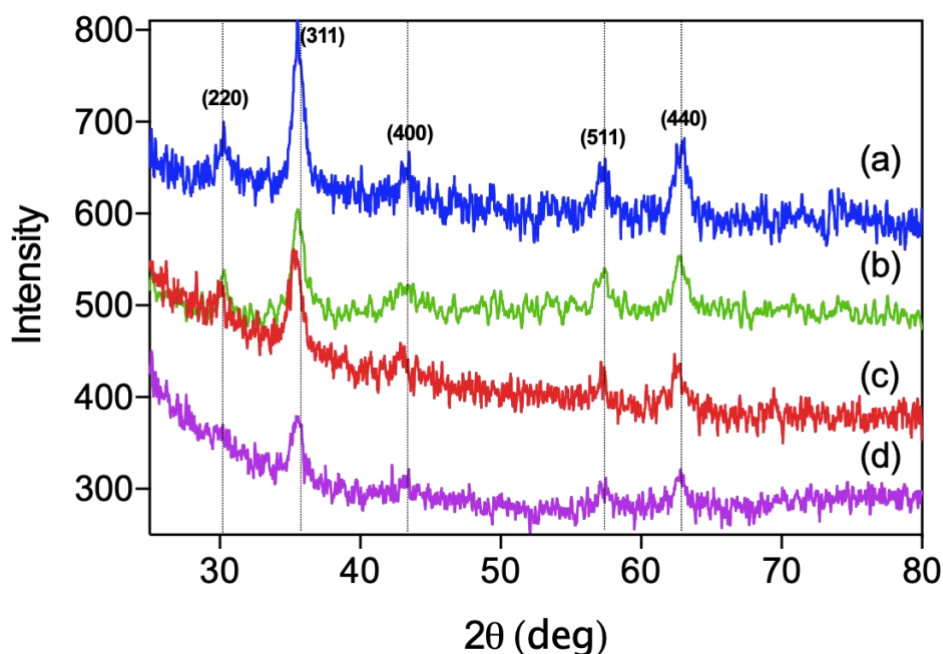
$$SAR(W/g) = C \frac{m_{sol}}{m_{mag}} \frac{\Delta T}{\Delta t} \quad (3)$$

where the  $C$  is specific heat capacity for water ( $C= 4.18 \text{ J/g} \cdot ^{\circ}\text{C}$ ),  $m_{sol}$  is the mass of entire sample,  $m_{mag}$  is the mass of IONs and  $\Delta T/\Delta t$  is the initial slope of the time-dependent temperature curve (from 0 to 30 s).

### 3. RESULTS AND DISCUSSION

#### 3.1. X-ray diffraction

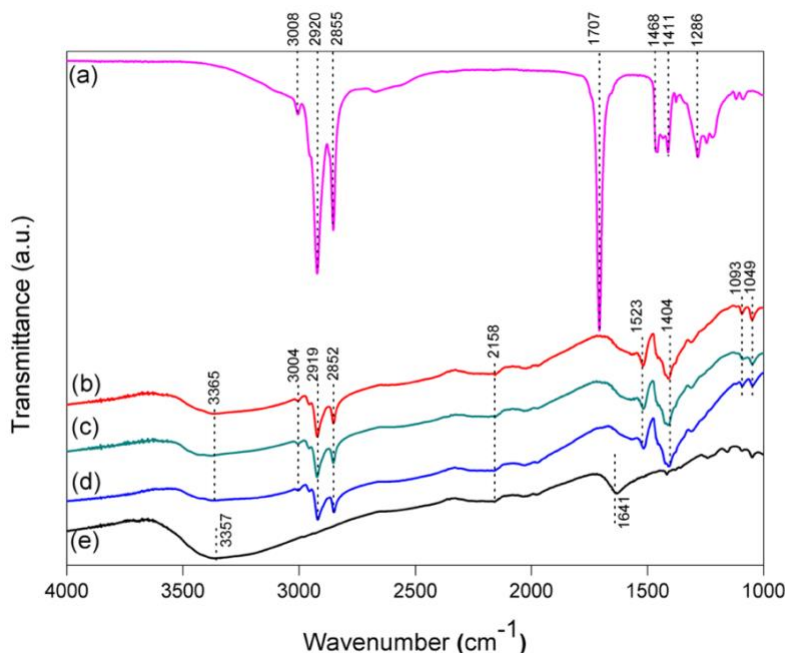
XRD patterns of bare and OA coated IONs were shown in Fig. 1. The lattice planes represented by the diffraction peak at angles of  $30.36^\circ$ ,  $35.60^\circ$ ,  $43.51^\circ$ ,  $57.29^\circ$  and  $62.96^\circ$ , respectively, (220), (311), (400), (511) and (440); the planes are consistent with  $\text{Fe}_3\text{O}_4$  pattern with a cubic structure (JCPDS card no. 01-075-0449). The position and intensity of all peaks match well with standard  $\text{Fe}_3\text{O}_4$  diffraction [24, 25]. As expected, the diffraction peaks of IONs disturbed and peak broadening was observed as the oleic acid concentration increases (Fig. 1b-d). This pattern was the most apparent on OA concentration of 1.0% v/v (Fig. 1d). In addition, the relative peak intensities of OA coated IONs with different concentrations was lower than bare IONs. Even though the peaks were weakened due to formation of oleic acid layer on the surface of IONs, but their relating lattice planes were still represented. This suggests that oleic acid coating did not much affect the crystal structure of the iron oxide nanoparticles. In addition, XRD also provide an estimate of average crystallite sizes based on Scherrer's equation [21]. The XRD graph was fitted with multiple Gaussian peaks and most intense peak (311) was used to calculate the average crystallite size of the nanoparticles. The average crystallite sizes for bare IONs and OA coated IONs with different concentrations of 0.2, 0.5 and 1.0% v/v were calculated as 8.30, 9.30, 10.40 and 11.10 nm, respectively. OA coating slightly increased the average crystallite size of IONs. Petcharoen et al., reported that the crystallite size of IONs decreased from 16.8 nm to 13.9 nm after coating of IONs with OA concentration of 0.8%, v/v [21]. Wang et al. synthesized IONs with higher OA concentrations than used in this study and they also showed size decrease from 19.8 nm to 15.3 nm [24]. However, Soares et al. denoted that OA coating did not change the average diameter and crystalline structure of IONs [26]. Also, Wulandari et al., 2019 showed that amount of OA elevated from 1.0 to 1.5 mL, the crystal size slightly increased from 4.73 to 5.69 nm after coating IONs [27].



**Figure 1.** XRD patterns of a) IONs, b) IONs+0.2% OA, v/v c) IONs+0.5% OA, v/v and d) IONs+1.0% OA, v/v.

### 3.2. Infrared Spectroscopy (ATR-FTIR) analysis

The adsorption of oleic acid on the surface of IONs was determined by using ATR-FTIR spectroscopy. Fig. 2 shows the ATR-FTIR spectra of OA, bare IONs and OA coated IONs. As can be seen from Fig. 2a that pure OA shows two sharp bands at 2920 and 2855  $\text{cm}^{-1}$  correspond to asymmetric and symmetric  $\text{CH}_2$  stretchings, respectively. A sharp band seen at 1707  $\text{cm}^{-1}$  corresponds to the stretching vibration of  $\text{C}=\text{O}$  and the band at 1286  $\text{cm}^{-1}$  exhibited the presence of the  $\text{C}-\text{O}$  stretch present in OA [28-31]. Fig. 2b-d reveals the ATR-FTIR spectra obtained from the IONs coated with different concentration (0.2, 0.5, 1.0%, v/v) of OA. In a co-precipitation method, the surface of the IONs was covered by hydroxyl groups due to the synthesis accomplished in aqueous environment. Thus, the characteristic bands of the hydroxyl groups at 3357 and 1641  $\text{cm}^{-1}$  were observed in the bare IONs (Fig. 2e). After OA coating, the displacement of asymmetric and symmetric  $\text{CH}_2$  stretching peaks shifted to lower frequencies (2919 and 2852  $\text{cm}^{-1}$ ) for all coatings indicating the OA molecules adsorbed onto the surface of IONs (Fig. 2b-d). This means that the hydrocarbon chains surrounding the IONs were in a close-packed [29, 31-33]. The intense peak at 1707  $\text{cm}^{-1}$  of pure oleic acid disappears in OA coated IONs and instead, the new peaks appear at 1523 and 1404  $\text{cm}^{-1}$  correspond to asymmetric and symmetric vibrations of carboxyl group attached to  $\text{Fe}^{3+}$  ions [28, 29].



**Figure 2.** ATR-FTIR spectra of (a) oleic acid. (b) IONs+0.2% OA, v/v. (c) IONs+0.5% OA, v/v. (d) IONs+1.0% OA, v/v. (e) IONs.

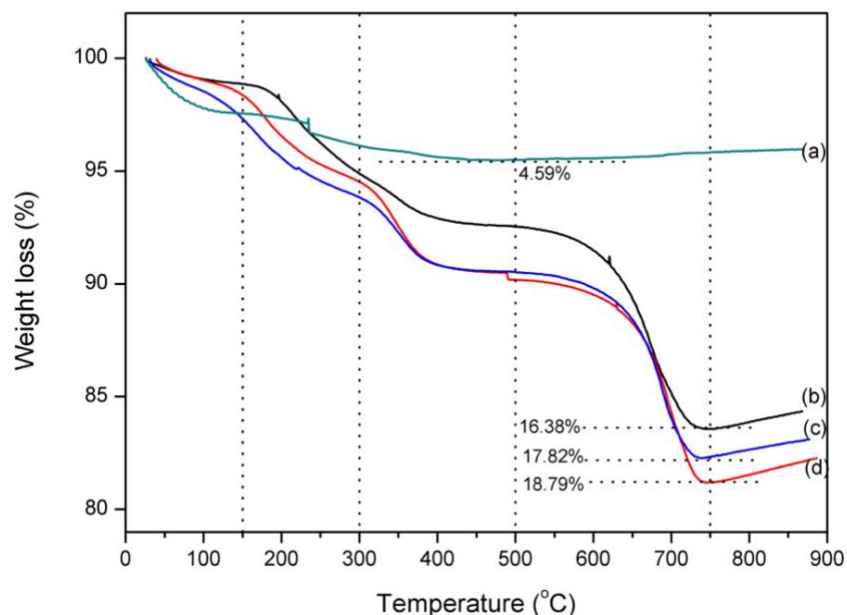
### 3.3. Thermogravimetric analysis (TGA)

In order to quantify the amount of OA associated with IONs, thermogravimetric analysis was performed for bare and OA (0.2%, 0.5%, 1.0%, v/v) coated IONs from room temperature to 900 °C (Fig. 3). In general, an initial slight weight loss was reported due to evaporation of adsorbed water [21, 34]. For bare and OA coated IONs, the initial slight weight loss (1-2.5%) at temperature below 150 °C refers to the removal of moistures. The weight loss in the temperature range between 200-330 °C was attributed to removal of organic moieties from the surface of IONs as reported [35, 36]. Bare IONs showed exhibited

weight loss (2.09%) observed in the temperature range ~200-400 °C and this may be attributed to the removal of organic groups on the surface of IONs. It is reported in the literature that OA coated IONs show two prominent weight loss steps below 600 °C [21, 32]. Also, Mahdavi et al. showed four derivative mass losses in TGA curve, fourth weight loss above 742 °C is possibly due to deoxidation of FeO [37]. In our study, thermograms of different amounts of oleic acid exhibited three step weight loss. The first step (150-300 °C) is attributed to the free or loosely bound OA, while the second step (300-500 °C) may be due to OA chemically bound to IONs. The third weight loss between 500 and 750 °C was attributed to the oleic acid-coated layer. Our results (Table 1) showed that the bound OA fraction increased from 2.38 to 4.35% when the amount of OA used for capping increased from 0.2 to 1.0%, v/v.

**Table 1.** Results and analysis based on TGA curves (Fig. 3) of IONs.

NPs	Initial weight loss (%) (0-150 °C)	First weight loss (%) (150-300 °C)	Second weight loss (%) (300-500 °C)	Third weight loss (%) (500-750 °C)	Total Weight loss (%)
IONs (bare)	2.50	2.09 (200-400 °C)	----	----	4.59
IONs+0.2%OA	1.15	3.95	2.38	8.9	16.38
IONs+0.5%OA	2.50	3.64	3.36	8.32	17.82
IONs+1.0%OA	1.58	3.86	4.35	9.0	18.79

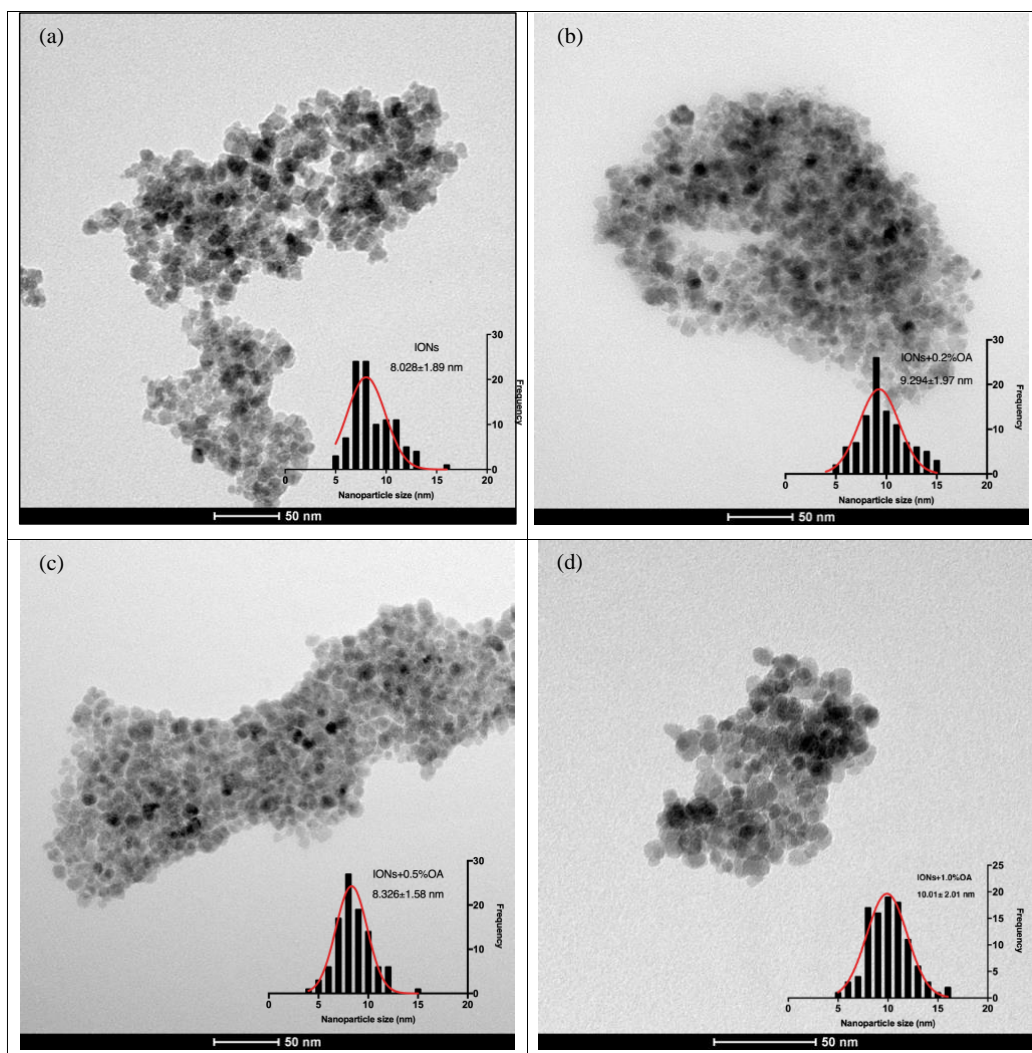


**Figure 3.** TGA curves of a) IONs b) IONs+0.2%OA, c) IONs+0.5%OA, d) IONs+1.0%OA.

### 3.4. Transmission electron microscopy (TEM) analysis

The size and the morphology of IONs were assessed by using transmission electron microscopy. TEM image of the bare IONs have a narrow size distribution with an average diameter of  $8.0 \pm 1.9$  nm (Fig. 4a); however, the particles tend to agglomerate. On the other hand, the IONs prepared with 0.2, 0.5 and 1.0% v/v OA concentrations have the average diameters of  $9.3 \pm 2.0$  nm,  $8.3 \pm 1.6$  nm and  $10.0 \pm 2.0$  nm, respectively. These results showed that OA coatings did not dramatically change the average diameters of IONs and their values were in good agreement with XRD size analyses. The morphology of the bare IONs showed irregular shape (Fig. 4a), on the other hand, IONs coated with OA changed their morphology to

spherical shape as the OA concentration increased. Moreover, IONs especially prepared in the presence of 1.0 % v/v OA were separated from its adjacent particles and adsorbed surfactant on the surface reduced agglomeration. These results suggested that IONs can be homogeneously coated with 1.0%, v/v OA and colloidal stability of IONs were improved with the OA concentration increased from 0.2 to 1.0%, v/v. Petcharoen et al. showed that the OA coating agents provided larger particle sizes due to the combination of the OA layer on the surface of magnetite. According to their SEM (scattering electron microscope) image, bare and OA (0.8%, v/v) coated magnetite nanoparticles have 15 and 27 nm average diameter, respectively [21]. Unlike the previous study, Madhavi et al. demonstrated that bare and OA (1.7%, v/v) coated Fe<sub>3</sub>O<sub>4</sub> NPs sizes were 16.5 and 7.3 nm, respectively. And, bare Fe<sub>3</sub>O<sub>4</sub> NPs were seriously aggregated according to TEM image [37]. It is notable that, there are many studies with different results about the effect of coating OA on the nanoparticle size.



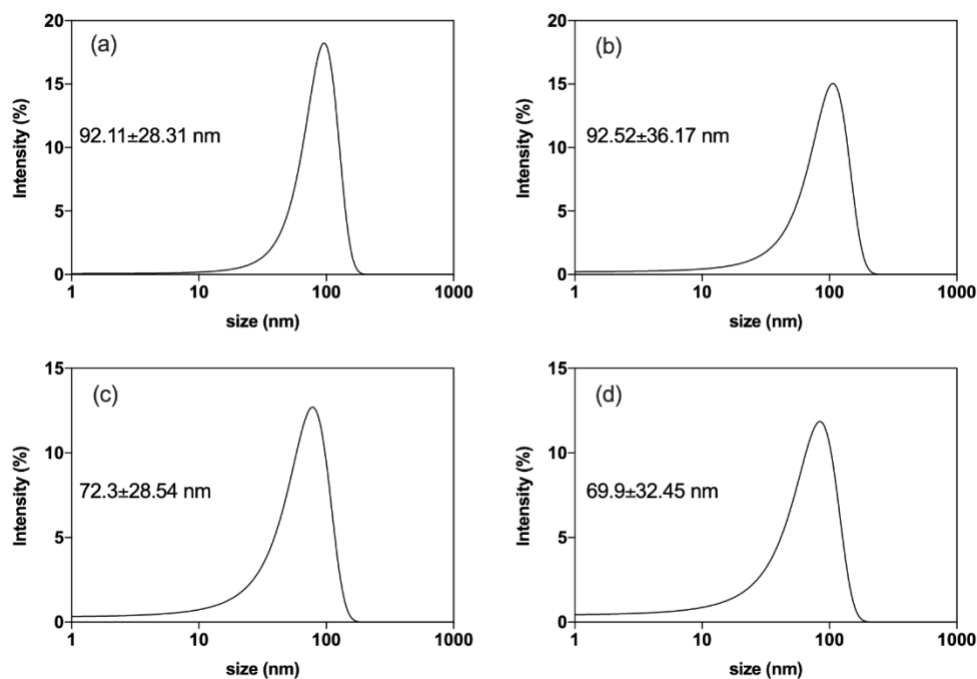
**Figure 4.** TEM images of a) IONs, b) IONs+0.2% OA, v/v. c) IONs+0.5% OA, v/v. d) IONs+1.0% OA, v/v. with size distribution histograms.

### 3.5. Dynamic light scattering (DLS) analysis

Hydrodynamic size and size distribution of the bare and OA coated IONs were measured by DLS as shown in Fig. 5. The average diameter of the bare and 0.2, 0.5 and 1.0%, v/v OA coated IONs were found



as  $92.1 \pm 28.1$ ,  $92.5 \pm 36.2$ ,  $72.3 \pm 28.5$  and  $69.9 \pm 32.5$  nm, respectively. Hydrodynamic size of the IONs decreased as the OA concentration reached to 1.0% and these data revealed that OA coatings tend to decrease the agglomeration of IONs especially in the case of OA concentration higher than 0.2%, v/v. As noted here and in the literature that hydrodynamic size dramatically differs from TEM identified static size, especially for nanoparticles [29]. In TEM images, the OA coating is not visible, therefore, the measured diameters are related to core iron oxide nanoparticles (IONs). Therefore, DLS gives the average hydrodynamic diameter rather than the actual diameter of nanoparticles [29, 38].

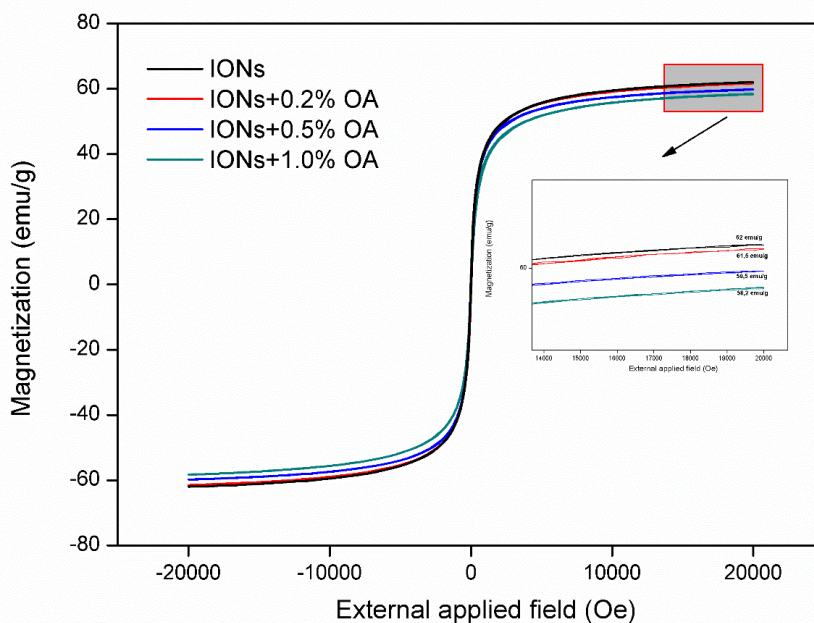


**Figure 5.** Particle size distribution of a) IONs, b) IONs+0.2% OA, v/v. c) IONs+0.5% OA, v/v. and d) IONs+1.0% OA, v/v. based on DLS measurements. (Data were fitted with non-linear Gaussian curve fit.)

### 3.6. Magnetic properties of IONs

The magnetic properties of IONs and OA coated IONs were measured at room temperature using quantum design physical property measurement system (PPMS), as shown in Fig. 6. It is clear to find that magnetization curves of all the samples exhibit superparamagnetic behavior, in which the coercivity are close to zero. The saturation magnetization for bare and 0.2, 0.5 and 1.0%, v/v OA coated IONs were 62.0, 61.5, 59.5 and 58.2 emu/g, respectively, and  $M_s$  values of the OA coated IONs did not dramatically change with increasing OA concentration. The change of magnetic properties due to the OA coating present in the literature is controversial. Petcharoen et al. showed that bare magnetite (IONs), IONs+0.8%OA, v/v and hexanoic acid coated IONs possessed 57.1, 33.3 and 58.7 emu/g,  $M_s$  values, respectively. That is, the coating layer (hexanoic acid) of IONs slightly effect (1-2 emu/g) to  $M_s$  value, but  $M_s$  value for 0.8% OA coating on IONs dramatically decreased [21]. A sharp decrease on  $M_s$  values of IONs after OA coating was also reported by other studies. Liu et al. showed that the amount of OA (2.16% v/v) decreased the  $M_s$  value of IONs from 58 emu/g to 46 emu/g [39]. Also, Tansik et al. observed that 4.5% (v/v) OA coating on IONs decreased  $M_s$  value from 62 to 55 emu/g [40]. On the other hand, Jovanovic et al. showed that OA coating on IONs did not affect  $M_s$  value up to 0.1 M, however, significant changes were observed at higher OA concentrations [41]. In this study, OA coating with different concentrations increased the colloidal stability of the IONs and did not affect the magnetic properties of the resultant nanoparticles. Therefore, these OA coated nanoparticles were found as good candidates for hyperthermia applications with these superior

properties and their heating potential and SAR values were investigated via alternating current (AC) magnetic field in subsequent heating experiments.

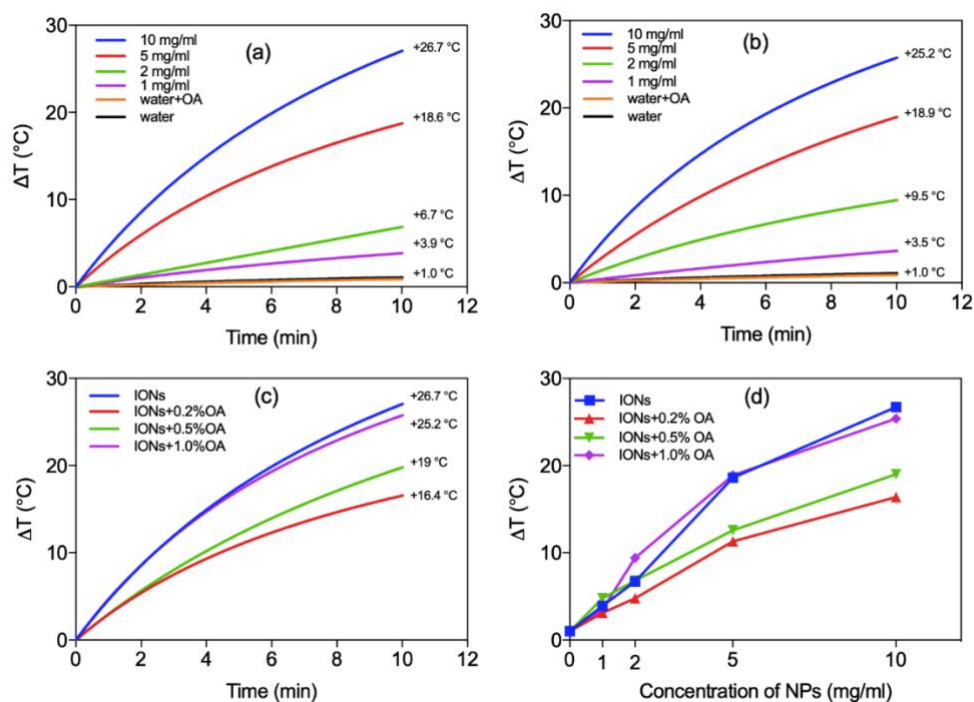


**Figure 6.** Magnetization ( $M$ ) versus applied magnetic field ( $H$ ) curve for IONs and IONs+OA (0.2%, 0.5%, 1.0%, v/v) at room temperature. Here,  $M$  is expressed in terms of emu/g.

### 3.7. Induction heating ability of IONs and SAR

The induction heating capabilities of bare IONs and OA coated IONs were measured after preparing their suspension in distilled water with different IONs concentrations. Figure 7a-b represents the dynamic temperature curves for IONs and IONs+1.0%OA, v/v under 100 A, 312 kHz frequency of alternating magnetic field during 10 min for different nanoparticle concentrations (1-10 mg/mL). As shown in Fig. 7a and b, 10 mg/mL of bare IONs and IONs+1.0%OA concentrations showed maximum temperature increase such as 26.7 °C and 25.2 °C, respectively. The increase of temperature has a linear relationship with the concentration of magnetic nanoparticles present in suspension medium. Thus, the temperature increase decreased as the nanoparticle concentrations was gradually lowered to 1 mg/mL. Besides, the temperature increases for IONs+0.2%OA, v/v and IONs+0.5%OA, v/v (10 mg/mL) were significantly lower than bare IONs and IONs+1.0%OA (16.4 °C and 19.0 °C, respectively) (Fig. 7c). In hyperthermia applications, the temperature of a tumor environment should reach the therapeutic temperature (41–45 °C) within few minutes [42]. In this study, the time needed for temperature to reach 45 °C from body temperature was less than 2 min for IONs and IONs+1.0%OA, v/v with concentrations higher than 5 mg/mL. Due to the insufficient colloidal stability and an extra OA layer, IONs+0.2%OA, v/v and IONs+0.5%OA, v/v samples did not show the same heating performance as compared to bare IONs and IONs+1.0%OA, v/v (Fig. 7d). Therefore, these findings suggest that OA coating with low concentrations was not sufficient to stabilize IONs in water indicating agglomeration and precipitation in the end. Our results revealed that IONs coated with 1.0% v/v OA, v/v showed similar heating performance with bare IONs and 1%, v/v found as optimum OA concentration for hyperthermia applications. SAR values reflect the magnitude of heat dissipation from NPs to surrounding medium. SAR values of bare IONs and IONs+OA (0.2%, 0.5%, 1.0%, v/v) were found as 39.50, 34.81, 23.36 and 45.98 W/g, respectively for nanoparticle concentrations of 10 mg/mL. Ghosh et al. investigated the heating effects of Fe<sub>3</sub>O<sub>4</sub>+OA (10%, v/v) under increasing induction heating conditions

(100-600 A) at 265 kHz for 10 min. 100 ampere (A) current was not sufficient for heating up to 42 °C for all tested IONs concentrations (2-20 mg) [17]. Jadhav et al. [34] prepared different concentrations of OA coated magnetic nanoparticles (MN-OA, ~20%, 10%, 5%, w/w) and induction heating was carried out at 400 A, 265 kHz radiofrequency for 10 min. The results revealed that MN-OA (10%, w/w) showed a maximum heating up ( $\Delta T \sim 23$  °C). Soares et al. [16] synthesized magnetic nanoparticles coated with various OA (8%, 32%, 64%, 96%, w/w) concentrations under AC magnetic field (24 kA m<sup>-1</sup>, 418.5 kHz for 10 min). Induced heating ability of 8.0% of OA coating was similar to uncoated magnetic nanoparticle, whereas the heating ability of nanoparticles dramatically decreased with OA concentrations (32%, 64%, 96%, v/v) increase. The results obtained in this study implied that low OA coatings on IONs can be successfully used for magnetic hyperthermia applications under relatively low frequency magnetic field.



**Figure 7.** The time-dependent changes in the temperature of (a) IONs and (b) IONs+1.0%OA, v/v. with different IONs concentrations, c) bare IONs and IONs with different OA coatings (IONs concentration: 10 mg/mL) and d) The concentration-dependent changes in the temperature of all NPs (application time: 10 min).

#### 4. CONCLUSION

Our results revealed that capping with 1.0%, v/v OA enhances the hyperthermia effect of IONs dramatically compared to 0.2%OA, v/v and 0.5%OA, v/v. The enhanced hyperthermia effect of IONs+1.0%OA, v/v was attributed to their high dispersion performance without formation of large agglomerates in water. IONs coated with low OA concentration can be successfully used in magnetic nano hyperthermia applications. As a result, the heating effect highly depends on physical and chemical properties of IONs, hyperthermia exposure systems, measurement conditions, nanoparticle size distributions and especially colloidal stability of IONs.

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