

International Classification of Health Intervention.

ICHI Category

TARGET	Targets for Body Systems and function	Q.1 Find information about symptoms of illnesses that concern you Q.2 Find information on treatments of illnesses that concern you Q.3 Find out what to do in case of a medical emergency	SBH Acquiring information
	Targets for activities and participation domains	Q.20 Find information on how to prevent or manage conditions such as being overweight, high blood pressure, or high cholesterol	SBH Acquiring information
	Targets for the environment	Q.41. Judge where your life affects your health and well-being Q.42. Judge how your housing conditions help you to stay healthy Q.43. Judge which everyday behaviour is related to your health	SC2 Applying knowledge, not elsewhere classified
	Targets for health-related behaviours	Q.4 Find out where to get professional help when you are ill Q.36. Find out about efforts to promote your health at work Q.9. Judge how information from your doctor applies to you	SBH Acquiring information
	ZZY Another specified target	Q.17. Find information about how to manage unhealthy behaviour such as smoking, low physical activity, and drinking too much Q.18. Find information on how to manage mental health problems such as stress or depression Q.19 Find information about vaccinations and health screenings that you should have	SBH Acquiring information
ZZZ Target, unspecified			
ACTION	Diagnostic	Q.5 Understand what your doctor says to you Q.6 Understand the leaflets that come with your medicine Q.7 Understand what to do in a medical emergency Q.8. Understand your doctor's or pharmacist's instruction on how to take a prescribed medicine Q.37. Understand advice on health from family members or friends Q.38. Understand information on food packaging Q.39. Understand information in the	VFS.VA.ZZ Capacity building targeting health literacy
	Therapeutic	Q.24. Judge how reliable health warnings are, such as smoking, low physical activity, and drinking too much Q.47 Take part in activities that improve health and well-being in your community	VFS.ZZ.ZZ Other interventions targeting health literacy, not elsewhere classified.
	Managing	Q.15 Call an ambulance in an emergency Q.13. Use information the doctor gives you to make decisions about your illness Q.12 Judge if the information about illness in the media is dependable Q.28. Judge if the information on health risks in the media is dependable	SC2 Applying knowledge, not elsewhere classified

	Preventing	Q.30. Decide how you can protect yourself from illness based on advice from family and friends Q.31. Decide how you can protect yourself from illness based on information in the media	VFS.VA.ZZ Capacity building targeting health literacy
	ZZ Action, unspecified	Q.25. Judge when you need to go to a doctor for a check-up Q.26. Judge which vaccinations you may need Q.27. Judge which health screenings you should have	ZY Other specified action
	-Approach -Technique -Method -Sample -ZY Other method or technique, not elsewhere classified -ZZ Unspecified method or technique	Q.10. Judge the advantages and disadvantages of different treatment options Q.11. Judge when you may need to get a second opinion from another doctor	VFS.TM.ZZ Environment modification to influence health literacy
MEANS	Interventions on the environment	Q.46. 6 Influence your living conditions that affect your health and well-being Q.16. Follow instructions from your doctor or pharmacist Q.32. Find information on healthy activities such as exercise, healthy food, and nutrition Q.33. Find out about activities that are good for your mental well-being Q.34. Find information on how your neighbourhood could be more health-friendly Q.40. Understand information on how to keep your mind health Q.45. Join a sports club or exercise class if you want to Q.21 Understand health warnings about behaviour such as smoking, low physical activity, and drinking too much Q.22 Understand why you need vaccinations Q.23 Understand why you need health screenings	VFS.VB.ZZ Awareness raising to influence health literacy

