



Original Paper

Journal of Innovative Engineering
and Natural Science

(Yenilikçi Mühendislik ve Doğa Bilimleri Dergisi)

journal homepage: <https://jiens.org>



Preparation of poly(lactic acid) based biocomposites with poly(ethylene glycol) and montmorillonite clay by solvent casting method

Reyhan Özdoğan^a, Mithat Çelebi^{a,*}

^aDepartment of Polymer Materials Engineering, Faculty of Engineering, Yalova University, Yalova, 77200, Turkey.

ARTICLE INFO

Article history:

Received 06 June 2021

Received in revised form 20 June 2021

Accepted 25 June 2021

Available online

Keywords:

Biodegradable

Montmorillonite

Poly(lactic acid)

Solution casting

Poly(ethylene glycol)

ABSTRACT

Poly(lactic acid) is one of the most widely used bioplastics. PLA is derived from lactic acid monomer which is produced by fermentation using microorganisms. It is renewable, biodegradable, biocompatible, and low-cost aliphatic thermoplastic bioplastic. However, it displays low barrier properties to use packaging applications compared with conventional polymers. PLA has brittle, low toughness, and low thermal resistance properties. To improve the weak properties of PLA, copolymers of lactic acid are synthesized or blends of PLA with other synthetic and biodegradable polymers are prepared. PLA has been used as mulching films, biomedical devices, packaging, and membrane materials. In this study, PLA films were prepared by solution casting method using a high shear mixer for 90 sec. PLA films were blended with different concentrations of poly(ethylene glycol) (PEG) and Montmorillonite (MMT). Properties of mechanical, thermal, and optic of biodegradable films were determined using mechanical testing machine Zwick Z 1.0 kN, thermogravimetric analysis, differential scanning calorimetry (DSC), and optical microscopy, respectively.

2021 JIENS All rights reserved.

I. INTRODUCTION

Biodegradable polymers can be produced by microorganisms, animals, and plants naturally besides petrochemical resources [1, 2]. They are important because of environmental and economic interests [3, 4]. Poly(lactic acid) (PLA) is a renewable and biodegradable polymer that is used in different areas as packaging, automotive, and disposal parts [5]. It has been used in the medical industry and tissue engineering for drug releasing immobilization material and implants, biodegradable mulch, and coating, and releasing fertilizer and pesticides for agricultural application [4, 6–9]. Blend and composites of PLA are employed to enhance mechanical and thermal properties. [10, 11]. Polymer composite and blends have been used to enhance mechanical, thermal, and rheological properties [12]. Zeolites also have been used for active packaging applications because of their oxygen consumption abilities [13, 14]. Erpek et. al. studied with halloysite (HNT), carbon nanotubes (CNT), thermoplastic polyurethane (TPU) with PLA. The tensile strength of the PLA increased with CNT, however, decreased with HNT. PLA was toughened by TPU [15]. Wu et. al. prepared biodegradable PLA/MMT nanocomposites using the solution casting method. Chitosan was used to increase the chemical connection between the PLA and MMT [16]. PLA and chitosan composite films were studied by Sebastien et. al., to enhance bio-based and antifungal packaging film [17]. Varying chemicals have been investigated to plasticize PLA such as citrate esters to prevent the fragility of PLA [18]. The plasticization of PLA with triacetin [19], glycerol [20–23], sorbitol [23, 24], acetyl triethyl citrate [24–27], acetyl(tributyl citrate) [28–30] were reported in the literature. In this study, PLA was plasticized with

*Corresponding author. Tel.: +90-226-815-5419; e-mail: mithat.celebi@yalova.edu.tr

PEG400 to enhance flexibility. In addition, Montmorillonite was used to increase the mechanical properties of PLA.

II. EXPERIMENTAL METHOD

2.1 Materials and Preparation Techniques

4032 D grade Ingeo PLA was obtained from Resinex from Turkey. Montmorillonite was obtained from Sigma-Aldrich. Dioxane and Poly(ethylene glycol) (PEG400, $M_w=400$ g/mol) were bought from Merck and ZAG respectively. All chemicals were used without further purification.

PLA was dissolved in dioxane and mixed different concentrations of Montmorillonite (MMT) using by high shear mixing apparatus (Mazerustar KK-2503). MMT-based biodegradable films were prepared with solution casting method with MMT and PEG in PLA matrix. PLA was prepared at 10% (w/v) concentration in dioxane. PEG400 was added to polymer solution at different concentrations such as 5%, 7.5%, and 10% (w/v) with respect to the contents of the polymer matrix. PLA/PEG400 was blended by a magnetic stirrer at room temperature. PLA/PEG blend was cast on the glass flat surface by a manual film applicator.. This film was then immediately immersed in an ethanol/water coagulation bath for phase inversion separation. Films were incubated in a coagulation bath for 2 hours and dried at room temperature for 24 hours.

III. RESULTS AND DISCUSSIONS

Biodegradable and miscible blends are consisting of PLA and PEG. The tensile strength value of PLA/PEG blends decreases with increasing PEG content. PEG increases with interfacial adhesion and reduces the Tg of the polymer [31]. PLA displays brittle and low toughness material properties [32]. PLA was blended with PEG400 to increase flexibility in this study. PLA exhibits low strain properties in Table 1. PLA/PEG blend films have higher elongation values than PLA. As shown in Table 1, the brittleness of PLA in PEG/PLA blend films was reduced by PEG 400. In this study, improving poor properties of PLA, PLA blends and composites were prepared with PEG400 and MMT, respectively by using high shear mixing apparatus.

Table 1. Mechanical properties of PLA/PEG blend films

Sample	Tensile Strength (MPa)	Elongation at Break (%)	Young Modulus (GPa)
Neat PLA	30.72	10.28	2.98
PLA 95%/PEG 5%	28.20	60.27	0.47
PLA 92.5%/PEG 7.5%	24.99	106.37	0.3
PLA 90%/PEG 10%	20.41	39.82	0.51

The mixing of hydrophobic polymers with hydrophilic polymers has been used to grow the hydrophilicity of the polymer matrix, and enhance their anti-fouling properties [33]. The PLA/PEG blends were studied using a twin-screw extruder by melt blending method with different concentration and molecular weight PEG. Li et al. reported that the tensile stress at break of the PLA/PEG 10,000 blend significantly increased when the PEG 10,000 content was 5-15% by weight, and then decreased when the PEG 10,000 content exceeded 15% by weight [34].

The addition of plasticizer to modify PLA is a method that is used widely in the plastics industry with respect to thermoplastic materials such as PLA. The addition of plasticizers to the matrix should meet several necessary requirements. In addition to improving the deficiencies mentioned previously, it is essential to retain the main properties. The compatibility of the plasticizers with polymers should be evaluated. In addition, they should hardly migrate toward the surface of the polymer matrix to amplify the plastic effects and increase the longevity

PLA/PEG blend films have higher elongation values than PLA. Brittleness of PLA was gradually disappeared with PEG400 at PEG/PLA blend films and was obtained tough structures. PEG decreased young modulus of the blends films due to lowering stress values and low strain properties as shown in Table 1. Effects of some plasticizer were summarized and compared our results in Table 2. Plasticizers enhanced the elongation at break and elasticity of PLA blend films.. PLA is a brittle material with low toughness PLA shows low strain properties. PLA/PEG blend films have higher strain and elongation than PLA in Fig. 1. In addition, 92.5-7.5% wt PLA-PEG films displayed a higher elongation value than PLA/PEG-5%, and PLA/PEG-10% films. Up to a certain extent, the additive of PEG improved the mechanical properties of PLA. However, the addition of 10% by weight PEG exhibited the lowest mechanical properties. The best mechanical properties were achieved in 7.5% PEG added PLA film. Chieng et. al. studied with 10% wt PEG200 content to plasticize PLA by the melt blending process. They reported 29.76, 413.1, and 424 values for tensile strength (MPa), elongation (%), and tensile modulus (MPa) [35].

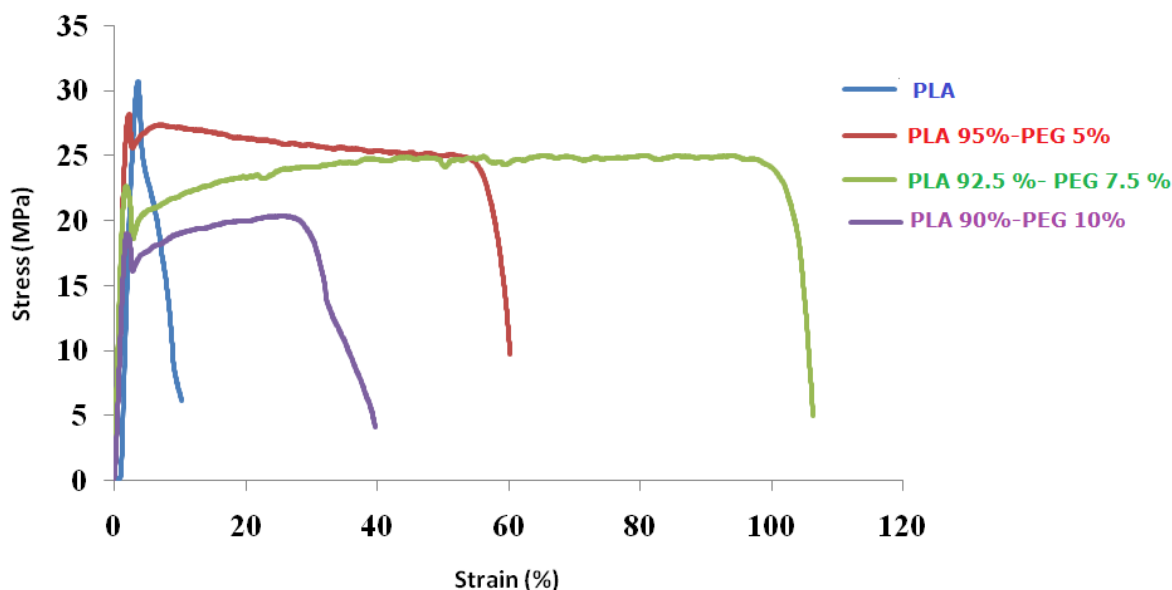


Figure 1. Strain-stress curves of PLA and PLA/PEG blends

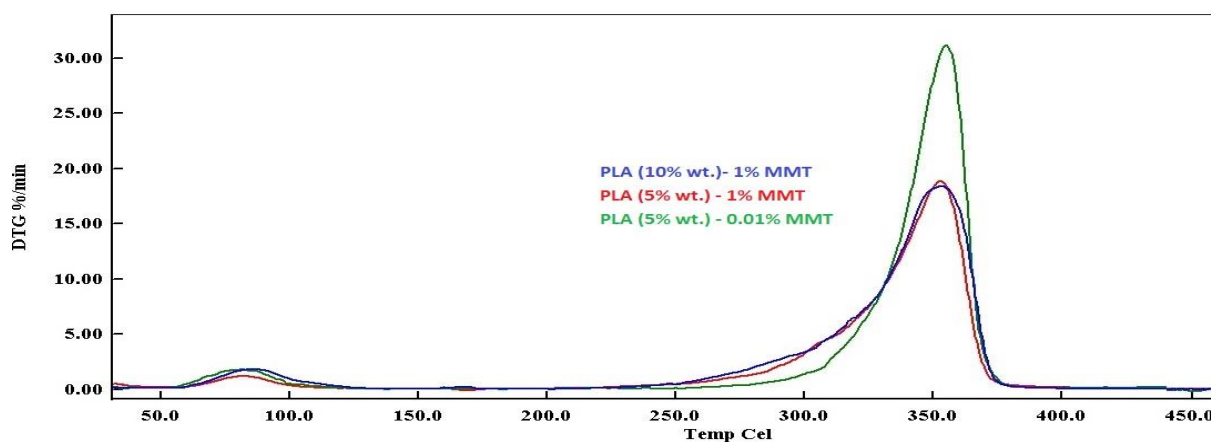
PLA films have higher stress values but does not show high elongation values in Fig. 1. This brittleness of PLA disappeared with PEG200 at PEG/PLA blend films and obtained a tough structure. PEG decreased the young modulus of blend films with lowering stress values as shown in Table 1.

Table 2. Comparison obtained results with the literature

Sample	T _g (°C)	Modulus (GPa)	Elongation at break (%)	Ref.
PLA	58	2.050	9	[36]
Neat PLA	64.4	2.98	10	This study
PLA90%/10% OLA	37	1.256	32	[36]
PLA 95%/PEG 5%	n.d	0.47	60	This study
PLA 92.5%/PEG 7.5%	n.d	0.3	106	This study
2PLA 90%/PEG 10%	n.d	0.51	40	This study
PLA90%/10% PEG400	30	1.488	26	[36]
PLA80%/20% PEG400	19	0.5	71	[37]
PLA80%/20% PEG10 KDa	34	0.7	130	[37]
PLA80%/20% ATBC	24	0.1	298	[37]
PLLA 80%/Starch 20%	59	2.8	2.5	[38]
PLLA 80%/ Starch 20% + 5% PEG400	49.4	1.1	3.0	[38]
PLLA 80%/ Starch 20% + 5% Glycerol	49.9	0.7	4.7	[38]
PLLA 80%/Starch 20% + 5% Laurly alcohol	47	1.5	1.5	[38]

PEG400: Polyethylene glycol. ATBC: Acetyl tributyl citrate. OLA: oligomeric lactic acid n.d: not defined

As the concentration of PLA in the solution increased from 5% to 10%, the melting point increased from 168.9 to 169.1. With the increase in the concentration of the polymer in the solution, there was no significant change in the increase in the melting point. Adding MMT to PLA increased the melting point of PLA (5%wt)-MMT (0.01%) PLA (5%wt)-MMT (1%) PLA from 167.9 to 168.9 °C.

**Figure 2.** TGA results of PLA (10% wt.)- MMT (1% wt.), PLA (5% wt.)-MMT (1%), PLA (5%)-MMT 0.01%)

As seen in Fig. 3, the PLA concentration of 5% or 10% in the PLA solution did not affect the degradation rate of PLA. Increasing the concentration of MMT in solution from 0.01% percent to 1% decreased the degradation rate of PLA and provided thermal stability.

Table 3. Mechanical properties of PLA-MMT composites

Sample	σ _{low} MPa	σ _{high} MPa	E _t MPa	σ _M MPa	ε _M %	σ _B MPa	ε _B %	ε _{tB} %
PLA (5% wt.)-1% MMT	0.44	1.23	386.45	6,22	1.35	6.22	1.35	1.35
PLA (5% wt.)-0.01%MMT	0.45	1.50	480.15	65,63	3.15	65.63	3.15	3.15
PLA (10% wt.)- 1% MMT	0.48	1.58	546.49	16,65	2.71	15.95	2.61	3.07

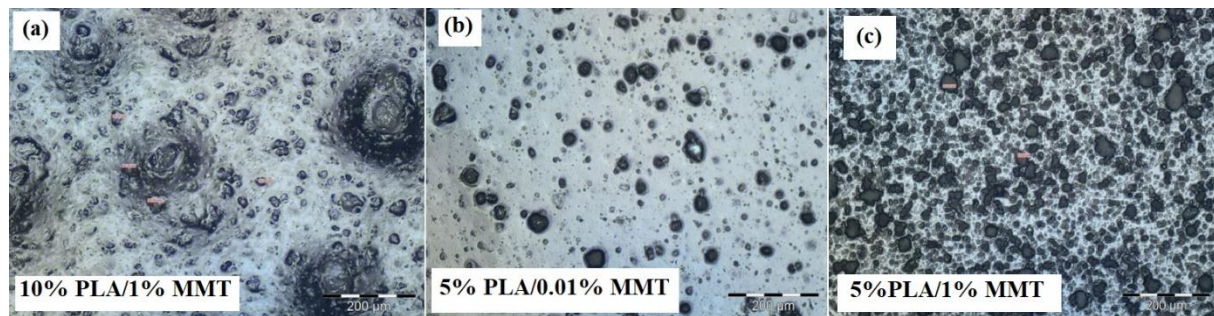


Figure 3. Optical Microscopy images of PLA composites with different amounts of PLA and MMT; a) PLA (10%wt.) and MMT (1%), b) PLA (5%wt.) and MMT (0.01%), c) PLA (wt5%) and MMT (%1)

As seen in Figure 3, it is seen that as the concentration of PLA in the solution increases, the agglomeration is higher (10% by weight of PLA), agglomeration decreases as the polymer concentration decreases to 5% and the blends are mixed more homogeneously. In addition, As seen in Fig 3, more homogeneous distribution was obtained with the addition of 1% of MMT to PLA.

In Fig. 3, 10% PLA (w/w) was prepared high content 1% MMT concentration. The high content of MMT caused to agglomeration of particles. Homogeneous distribution is more difficult especially at high concentrations of the MMT particles than low concentration such as 5% (w/w) PLA and 0.01% MMT. PLA has studied with higher molecular weight PEGs [34] and low molecular weight PEG200 [35] in the literature. But the blend of PEG 400 did not studied in our knowledge. The high molecular weight of PEG will reduce the diffusion of PEG plasticizer from the amorphous phase into the polymer solution [35]. Therefore, low molecular weight PEG was preferred.

IV. CONCLUSIONS

Blend and composites of PLA are employed to enhance mechanical and thermal properties. PLA blends and composites were prepared with PEG400 and MMT respectively in this study to improve mechanical properties of PLA. xOnce developing new methods for PLA synthesis and decrease the cost, biodegradable and synthetic PLA blends will be commonly used in agriculture and packaging industry. In addition to this PLA, composites are suitable for other areas such as medical, tissue engineering and automobile industries. Finally, PLA will gain wide acceptance for different applications instead of polyolefins and polyethylene terephthalate. Biodegradable blends and composites of PLA are predicted to be used more and more today than petroleum-derived polymers for potential applications in the future.

REFERENCES

- [1] Holmberg AL, Reno KH, Wool RP, Epps TH (2015). Biobased building blocks for the rational design of renewable block polymers. *Soft Matter*, 00:1–20. <https://doi.org/10.1039/c4sm01220h>
- [2] Ashter SA (2016) *Introduction to Bioplastics Engineering*. William Andrew Publishing, Norwich NY
- [3] Ray SS (2012) Polylactide-based bionanocomposites: A promising class of hybrid materials. *Acc Chem Res* 45(10):1710–1720. <https://doi.org/10.1021/ar3000376>

- [4] Nampoothiri KM, Nair NR, John RP (2010) An overview of the recent developments in polylactide (PLA) research. *Bioresour Technol* 101(22):8493–8501. <https://doi.org/10.1016/j.biortech.2010.05.092>
- [5] Auras R, Harte B, Selke S (2004) An overview of polylactides as packaging materials. *Macromolecular Bioscience* 4(9):835–864. <https://doi.org/10.1002/mabi.200400043>
- [6] Lasprilla AJR, Martinez AGR, Lunelli BH, Figueroa JEJ, Jardini AL, Filho RM (2010) Synthesis and Characterization of Poly (Lactic Acid) for Use in Biomedical Field. *Chem Eng Trans* 24:85–990. <https://doi.org/10.3303/CET1124165>
- [7] Xiong Z, Lin H, Liu F, Yu X, Wang Y, Wang Y (2016). A new strategy to simultaneously improve the permeability, heat-deformation resistance and antifouling properties of polylactide membrane via bio-based β -cyclodextrin and surface crosslinking. *Journal of Membrane Science* 513:166–176. <https://doi.org/10.1016/j.memsci.2016.04.036>
- [8] Abd Alsaheb RA et al. (2015) Recent applications of polylactic acid in pharmaceutical and medical industries. *J Chem Pharm Res* 7(12):51–63
- [9] Pawar RP, Tekale SU, Shisodia SU, Totre JT, Domb AJ (2014) Biomedical Applications of Poly (Lactic Acid). <https://doi.org/10.2174/2210296504666140402235024>
- [10] Sim KJ, Han SO, Seo YB (2010) Dynamic mechanical and thermal properties of red algae fiber reinforced poly(lactic acid) biocomposites. *Macromol Res* 18(5):489–495. <https://doi.org/10.1007/s13233-010-0503-3>
- [11] Tokoro R, Vu DM, Okubo K, Tanaka T, Fujii T, Fujiura T (2008) How to improve mechanical properties of polylactic acid with bamboo fibers. *J Mater Sci* 43(2):775–787. <https://doi.org/10.1007/s10853-007-1994-y>
- [12] Matta AK, Rao RU, Suman KNS, Rambabu V (2014) Preparation and Characterization of Biodegradable PLA/PCL Polymeric Blends. *Procedia Mater Sci* 6:1266–1270. <https://doi.org/10.1016/j.mspro.2014.07.201>
- [13] Shuttleworth PS, Díez-Pascual AM, Marco C, Ellis G (2017) Flexible Bionanocomposites from Epoxidized Hemp Seed Oil Thermosetting Resin Reinforced with Halloysite Nanotubes. *J Phys Chem B* 121(11):2454–2467. <https://doi.org/10.1021/acs.jpcc.7b00103>
- [14] Miteluț AC, Tănase E, Popa VI, Popa ME (2015) Sustainable Alternative for Food Packaging: Chitosan Biopolymer-a Review 4(2):52-61
- [15] Erpek CEY, Ozkoc G, Yilmazer U (2015) Comparison of Natural Halloysite with Synthetic Carbon Nanotubes in Poly(lactic acid) Based Composites. *Polym Compos*. <https://doi.org/10.1002/pc.23816>
- [16] Wu TM, Wu CY (2006) Biodegradable poly(lactic acid)/chitosan-modified montmorillonite nanocomposites: Preparation and characterization. *Polym Degrad Stab* 91(9):2198–2204. <https://doi.org/10.1016/j.polymdegradstab.2006.01.004>
- [17] Sébastien F, Stéphane G, Copinet A, Coma V (2006) Novel biodegradable films made from chitosan and poly(lactic acid) with antifungal properties against mycotoxinogen strains. *Carbohydr Polym* 65(2):185–193. <https://doi.org/10.1016/j.carbpol.2006.01.006>
- [18] Labrecque LV, Kumar R, Dave V, Gross R, McCarthy SP (1997) Citrate esters as plasticizers for poly(lactic acid). *J Appl Polym Sci* 66(8):1507–1513. [https://doi.org/10.1002/\(sici\)1097-](https://doi.org/10.1002/(sici)1097-)

4628(19971121)66:8<1507::aid-app11>3.0.co;2-0

- [19] Oksman K, Skrifvars M, Selin JF (2003) Natural fibres as reinforcement in polylactic acid (PLA) composites. *Compos Sci Technol*. [https://doi.org/10.1016/S0266-3538\(03\)00103-9](https://doi.org/10.1016/S0266-3538(03)00103-9)
- [20] Grande R, Pessan LA, Carvalho AJF (2015) Ternary melt blends of poly(lactic acid)/poly(vinyl alcohol)-chitosan. *Ind Crops Prod* 72:159–165. <https://doi.org/10.1016/j.indcrop.2014.12.041>
- [21] Huneault MA, Li H (2007) Morphology and properties of compatibilized polylactide/thermoplastic starch blends. *Polymer (Guildf)* 48(1):270–280. <https://doi.org/10.1016/j.polymer.2006.11.023>
- [22] Shirai MA, Grossmann MVE, Mali S, Yamashita F, Garcia PS, Müller CMO (2013) Development of biodegradable flexible films of starch and poly(lactic acid) plasticized with adipate or citrate esters. *Carbohydr Polym* 92(1):19–22. <https://doi.org/10.1016/j.carbpol.2012.09.038>
- [23] Li H, Huneault MA (2011) Comparison of sorbitol and glycerol as plasticizers for thermoplastic starch in TPS/PLA blends. *J Appl Polym Sci* 119(4):2439–2448. 2011, <https://doi.org/10.1002/app.32956>
- [24] Ke TT, Sun XX (2001) Thermal and mechanical properties of poly(lactic acid) and starch blends with various plasticizers. *Trans ASAE* 44(4):945. <https://doi.org/10.13031/2013.6228>
- [25] Maiza M, Benaniba MT, Quintard G, Massardier-Nageotte V (2015) Biobased additive plasticizing Polylactic acid (PLA). *Polimeros* 25(6):581–590. <https://doi.org/10.1590/0104-1428.1986>
- [26] Johnson W (2002) Final report on the safety assessment of acetyl triethyl citrate, acetyl tributyl citrate, acetyl trihexyl citrate, and acetyl trioctyl citrate. *Int J Toxicol* 21(2):1–17. <https://doi.org/10.1080/10915810290096504>
- [27] Zhang JF, X. Sun X (2004) Physical characterization of coupled poly(lactic acid)/ starch/maleic anhydride blends plasticized by acetyl triethyl citrate. *Macromol Biosci* 4(11):1053–1060. <https://doi.org/10.1002/mabi.200400076>
- [28] Arrieta MP, Fortunati E, Dominici F, López J, Kenny JM (2015) Bionanocomposite films based on plasticized PLA-PHB/cellulose nanocrystal blends. *Carbohydr Polym* 121:265–275. <https://doi.org/10.1016/j.carbpol.2014.12.056>
- [29] Arrieta MP, López J, López D, Kenny JM, Peponi L (2016) Biodegradable electrospun bionanocomposite fibers based on plasticized PLA/PHB blends reinforced with cellulose nanocrystals. *Ind Crops Prod* 93:290–301. 2016, <https://doi.org/10.1016/j.indcrop.2015.12.058>
- [30] Cui L, Zhu CL, Zhu P, Tsou CH, Yang WJ, Yeh JT (2012) Preparation and physical properties of melt-blown nonwovens of biodegradable PLA/acetyl tributyl citrate/FePol copolyester blends. *J Appl Polym Sci*. <https://doi.org/10.1002/app.36429>
- [31] Mainardes RM, Khalil NM, Gremio MPD (2010) Intranasal delivery of zidovudine by PLA and PLA-PEG blend nanoparticles. *Int J Pharm* 395(1–2):266–271. <https://doi.org/10.1016/j.ijpharm.2010.05.020>
- [32] Zaaba NF, Jaafar M, Ismail H (2021) Tensile and morphological properties of nanocrystalline cellulose and nanofibrillated cellulose reinforced PLA bionanocomposites: A review. *Polym Eng Sci* 61(1):22–38. <https://doi.org/10.1002/pen.25560>

- [33] Shen P, Moriya A, Rajabzadeh S, Maruyama T, Matsuyama H (2013) Improvement of the antifouling properties of poly (lactic acid) hollow fiber membranes with poly (lactic acid)-polyethylene glycol-poly (lactic acid) copolymers. *Desalination* 325:37–39. <https://doi.org/10.1016/j.desal.2013.06.012>
- [34] Li FJ, Liang JZ, Zhang SD, Zhu B (2015) Tensile Properties of Polylactide/Poly(ethylene glycol) Blends. *J Polym Environ* 23(3):407–415. <https://doi.org/10.1007/s10924-015-0718-7>
- [35] Chieng BW, Ibrahim NA, Yunus WMZW, Hussein MZ (2013) Plasticized poly(lactic acid) with low molecular weight poly(ethylene glycol): Mechanical, thermal, and morphology properties. *J Appl Polym Sci* 130(6):4576–4580. <https://doi.org/10.1002/app.39742>
- [36] Avérous L (2004) Biodegradable Multiphase Systems Based on Plasticized Starch: A Review. *J Macromol Sci Part C Polym Rev* 44(3):231–274. <https://doi.org/10.1081/MC-200029326>
- [37] Tsui A, Wright ZC, Frank CW (2013) Biodegradable polyesters from renewable resources. *Annu Rev Chem Biomol Eng* 4:143–70. <https://doi.org/10.1146/annurev-chembioeng-061312-103323>
- [38] Garlotta D (2002) A Literature Review of Poly (Lactic Acid). *J Polym Environ* 9(2):63–84. <https://doi.org/10.1023/A:1020200822435>