



LETTER TO THE EDITOR

Comment on: Psychiatric outcomes among survivors of COVID-19

Yorum: COVID-19 enfeksiyonu geçiren bireylerde altı ay içinde görülen ruhsal bozukluklar

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To the Editor;

We read with interest the article titled “Six-month psychiatric outcomes among survivors of COVID-19” published in Cukurova Medical Journal by Poyraz et al.¹.

This study showed that anxiety, depression and sleep disorders improved over time, but symptoms continued in severe disease. COVID-19 can affect all organs in the body. Therefore, these processes can be prevented with early diagnosis and treatment².

Smoking can cause chronic diseases³. Additionally, smoking is one of the most important triggers of anxiety and depression⁴. No information about smoking was found in the study. Obesity can cause sleep disorders⁵. Were the patients body mass indexes checked?

Author Contributions: Concept/Design : SK; Data acquisition: SK; Data analysis and interpretation: SK; Drafting manuscript: SK; Critical revision of manuscript: SK; Final approval and accountability: SK; Technical or material support: SK; Supervision: SK; Securing funding (if available): n/a.

Ethical Approval: Ethics committee approval is not required.

Peer-review: Editorial review.

Conflict of Interest: Authors declared no conflict of interest.

Financial Disclosure: Authors declared no financial support

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Received: 03.10.2023 Accepted: 23.02.2024