



Application of Different Drying Techniques on Peach Puree

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ABSTRACT

In this study, six various applications were performed to dry peach puree using methods of convective drying (CD), microwave drying (MW1, MW2 and MW3) and combined convective-pulsed microwave drying (CD+MW2 and CD+MW3). Effect of drying on time, color, pH, Brix and micrographs were evaluated. The data of total drying time revealed that the maximum value was belonged to “CD” (220 min). The minimum value was obtained by “MW1” (10 min). By comparison of total color

change (ΔE), the highest values were achieved with “CD+MW3”, whereas the lowest values were achieved with “MW2”. Under all drying applications, the maximum pH and Brix changes were observed with “CD+MW2”. From the microstructure, the samples to which the microwave method was applied displayed a collapsed structure as to the sample dried by the convective method.

Keywords: Drying time, pH, Brix, Color, SEM

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1. Introduction

Peach (*Prunus persica* L.) parts of the family of *Rosaceae* (Liu et al. 2017) and is now cultivated widely in subtropical regions of the World (Zhang et al. 2017). Total worldwide production was approximately 22.8 million tons in 2014 (FAO 2017). However, high moisture content causes rapid perishability (Zhu & Shen 2014), so peaches should be eaten as fresh throughout the year (Golisz et al. 2013) or be preserved in some form (Kingsly et al. 2007) for instance by using drying methodologies to extend their shelf life (Lyu et al. 2017). Usually, dried peaches are used in bakery, cake, fruit leather and sauces (Doymaz 2014). Peach fruit is also a source of vitamins, minerals and beneficial plant compounds (Doymaz & Bilici 2014) and a helpful ingredient of the diet (Fuentes-Pérez et al. 2014).

The drying process associates simultaneous coupled heat-mass transfer (Cui et al. 2004). Meanwhile, the drying process has a significant influence on the sensory and nutritional characteristics of the end-product (Lyu et al. 2017). Hence to obtain a consistent quality dried product, various dryers should be utilized (Golisz et al. 2013). Drying technologies such as far-infrared and microwave (Wang & Sheng 2006), hot air (Doymaz & Bilici 2014), convection (Zhu & Shen 2014), short and medium infrared under vacuum (Chayjan & Allai 2016), freezing (Pieniazek & Messina 2017), infrared with explosion puffing (Lyu et al. 2017) and osmotic pretreated infrared (Zhang et al. 2017) have been applied to peaches. Due to the dense physical structure and chemical composition factors, sliced fruits dry quite slowly and considerable darkening occurs during drying (Sankat & Castaigne 2004). In view of the drying method problem mentioned above, the puree drying process is a comparably inexpensive and simple process that requires shorter drying periods and lower drying temperatures (Karim & Wai 1999). For the food industry, peach purees are substantial and used as ingredients in many products such as juices, beverages, jellies, jams and baby foods (Massa et al. 2010).

In this research, the main objective was to compare the effect of convective, microwave and combined convective-pulsed microwave drying applications on peach puree, and to provide an alternative puree drying application for industrial purposes considering to drying curves, color, pH, Brix and microstructure.

2. Material and Methods

2.1. Drying experiments

Fresh samples of peaches were bought from the local market in the Bursa province of Turkey. The samples stored in a refrigerator at a temperature of $+4\pm 0.5$ °C to reduce chemical and physiological changes and prevent moisture loss. In experiments, healthy

and matured fruit samples were used. Initial moisture content were specified by keeping the samples in an oven dryer (M3025P, Electromag, Turkey) at 105 °C for 24h (Celen & Kahveci 2013). The moisture content of fruits was determined 4.73 g water.g dry matter⁻¹.

Drying applications were done in a custom-modified pulsed microwave-convective dryer with each 60 g peach purees. The experimental conditions of drying included the following: convective drying of 60 °C (CD), microwave drying at 200 W (MW1), microwave drying at 200 W in pulse ratio of 2 (MW2) and 1.5 (MW3), and combined convective-pulsed microwave drying. The pulse ratio (PR) for each run was computed as $PR = (t_{on} + t_{off})/t_{on}$. Here, t_{on} is the “on” time of magnetron power and t_{off} is the “off” time of magnetron power (Gunasekaran & Yang 2007). During the study, the 30s of t_{on} and 30s of t_{off} represented PR=2, and 40s of t_{on} and 20s of t_{off} represented PR=1.5. A digital balance (Radwag, Poland) was used for the determination of sample weights that were saved at 5 min intervals (Kumar & Shrivastava 2017).

2.2. Drying curves

The Equation 1 and 2 were applied to calculate the *MR* (moisture ratio) and *DR* (drying rate) at the time of drying experiments (Thorat et al. 2012):

$$MR = \frac{M_t - M_e}{M_0 - M_e} \quad (1)$$

$$DR = \frac{M_{t+dt} - M_t}{dt} \quad (2)$$

Where, M_t , M_0 , and M_e refer to the moisture content at a given time, the initial moisture content and the equilibrium moisture content, respectively. M_{t+dt} is the moisture content at $t+dt$ and t is the drying time (min). After analyzing the formula, the values M_e are rather small concerning M_t or M_0 . Ultimately as proposed by some of the researchers, the moisture ratio formula was shortened as follows:

$$MR = \frac{M_t}{M_0} \quad (3)$$

2.3. Color analysis

A Hunterlab Color Analyzer (MSEZ-4500L, Reston, USA) was used to determine the color attributes of fresh (as the reference value) and dried peach samples regarding to the lightness L^* (white [100] - black [0]) and a^* (red [+] - green [-]) and b^* (yellow [+] - blue [-]). The C (Chroma), α° (Hue angle) and ΔE (total color difference) values were determined according to Eq. (4-6) given below where L_0 , a_0 , and b_0 represent the reference value (Purkayastha et al. 2013).

$$C = \sqrt{(a^2 + b^2)} \quad (4)$$

$$\alpha = \tan^{-1}\left(\frac{b}{a}\right) \quad (5)$$

$$\Delta E = \sqrt{(L_0 - L)^2 + (a_0 - a)^2 + (b_0 - b)^2} \quad (6)$$

2.4. pH and Brix determination

For peach samples, a pH meter (6173, Jenco, USA) was used to determine the pH values at room temperature. Before the measurements, two-point buffers at pH=7.0 and 4.0 were applied to calibrate. On the other hand, a digital refractometer (MA871, Milwaukee, Romania) was used to measure the level of sugar, Brix (Mechlouch et al. 2012).

2.5. Microstructure evaluation

The influence of various drying applications on the microstructures of peach samples was examined by using SEM (EVO 40, Carl Zeiss, Oberkochen, Germany). Particles were extracted from the dried samples and these was coated with gold-palladium. Microphotographs were taken and considered under a high vacuum (20 kV) (SCD-005, Baltec, Wetzlar, Germany) (Tian et al. 2015).

2.6. Statistical analysis

Randomized plots factorial design of experimental type was performed during the study. Triplicate runs were done in experiments. The JMP software (Version 7.0; SAS Institute Inc., USA) was used for the analysis of variance (ANOVA). To compare the mean values at the 5% significance level ($P < 0.05$), the LSD (least significant difference) test was applied.

3. Results and Discussion

3.1. Drying curves

The impacts of different drying applications (CD, MW1, MW2, MW3, CD+MW2 and CD+MW3) on the moisture content versus drying time and drying rate in drying period of peach purees are demonstrated in Figure 1 and 2, respectively. As shown, it took 220, 10, 105, 15, 40 and 20 min to reach the final moisture content at “CD”, “MW1”, “MW2”, “MW3”, “CD+MW2” and “CD+MW3”, respectively. The results express that increasing microwave power “on” time, the drying times of peach purees decreased. Based on the previous peach drying studies, the required drying time reaching the final moisture content was found for air temperatures of 45 °C (765 min), 55 °C (500 min), 65 °C (310) and 75 °C (225 min) (Doymaz & Bilici 2014). Also, the various infrared power levels were needed 400 min (83 W), 240 min (125), 130 min (167) and 90 min (209 W) (Doymaz 2014). Additionally, Eştürk & Soysal (2010) and Soysal et al. (2009) have reported an observation parallel to our study on the effect of microwave with continuous and intermittent microwave-convective drying of dill and oregano, respectively. Depending on both researches, the continuous treatments led to shorter drying times. In the present study, “CD” resulted in the longest drying time, whereas a significant reduction in drying time was observed when “CD+MW2” and “CD+MW3” combinations were used. These results are in relevance with the research of Soysal et al. (2009) on red pepper drying. The duration for the convective drying applications was found approximately 10.4-19.6 and 2.5-11.8 times longer than that in the continuous microwave-convective method and intermittent microwave-convective method depending on the microwave output power and PR, respectively. Similarly, Eştürk (2012) studied the drying of sage leaves with intermittent and continuous microwave-convective drying methods and the drying time of the convective drying was determined to be 64 to 112 times longer than that of the PR=1.

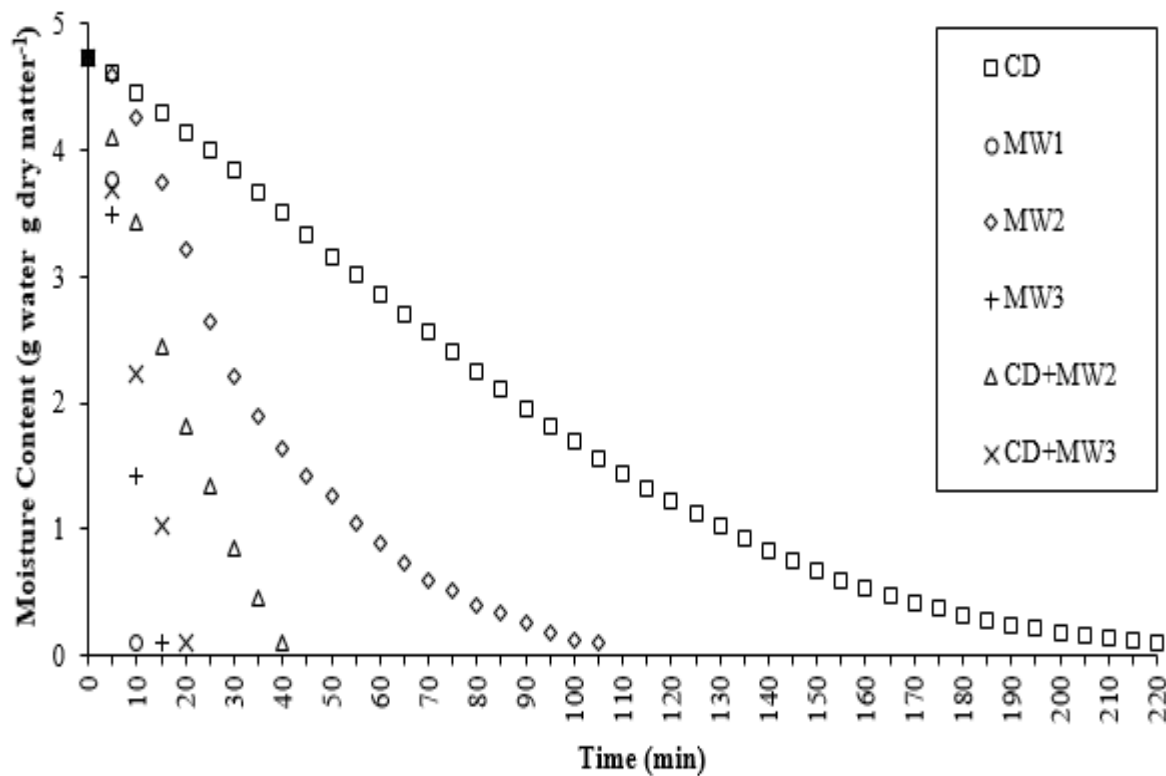


Figure 1- The moisture content vs. time of peach puree at drying applications

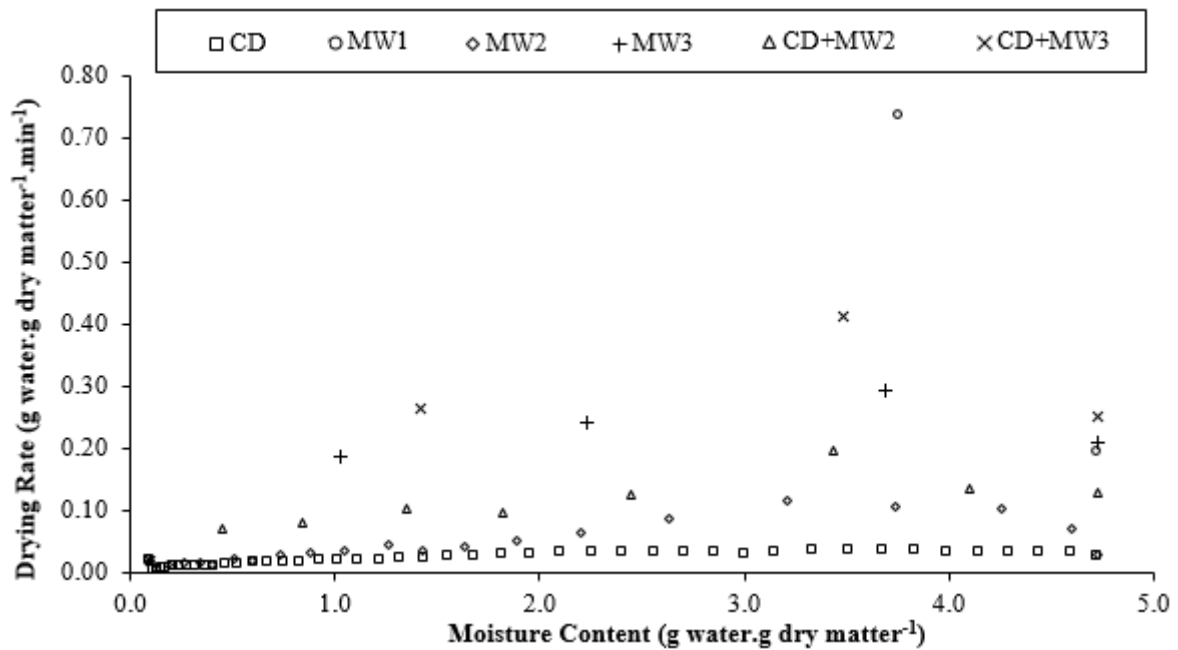


Figure 2- The drying rate vs. moisture content of peach puree at drying applications

3.2. Color analyses

The color changes of the different drying applications are displayed in Figure 3. The parameters of L_0 , a_0 , and b_0 of peach puree were 69.72, 14.43, and 63.50, respectively. Compared to the fresh sample, drying with “MW2” generated the highest L value (58.27) and the lowest ΔE value (13.53). Additionally, any other drying applications in the present study had significantly ($P < 0.05$) higher values than the fresh peach puree sample. Of all the drying applications, the b value was notably ($P < 0.05$) at the highest for the dried sample with “CD+MW2” (60.35). Besides, the lowest values of C were found to be similar for peach purees dried either using the “CD” or the “CD+MW3” application ($P < 0.05$). There were statistically significant differences between α values of all drying applications ($P < 0.05$). Contrary to our study, Pieniazek & Messina (2017) presented different color values (L , a , and b) in both fresh (85.03, 1.02 and 43.11) and freeze-dried (80.33, 0.91 and 40.02) peach samples. Although freeze-drying is recognized with its characteristic to provide high-quality final products (Khampakool et al. 2019), the differences between fresh samples can be explained with the growth conditions, genetic factors and harvesting times (Er & Özcan 2010). Furthermore, Contreras et al. (2008) investigated the microwave method on convective drying for the color parameters of apple and strawberry. The application of higher microwave or air temperature has impacted in lesser color difference in the samples of dried apple. Besides, microwaves had a positive effect on sample lightness (higher L values), which could lead to the discoloration at surface level in line with the higher temperature reached at the time of drying for dried strawberry samples. Likewise, Junqueira et al. (2017) studied the microwave, convective, and intermittent microwave–convective methods effect on pumpkin (*Cucurbita moschata* Duch.) slices drying. Lower values of a were found after the convective drying process, indicating that losses of red coloration and microwave treatments were suggesting better color quality.

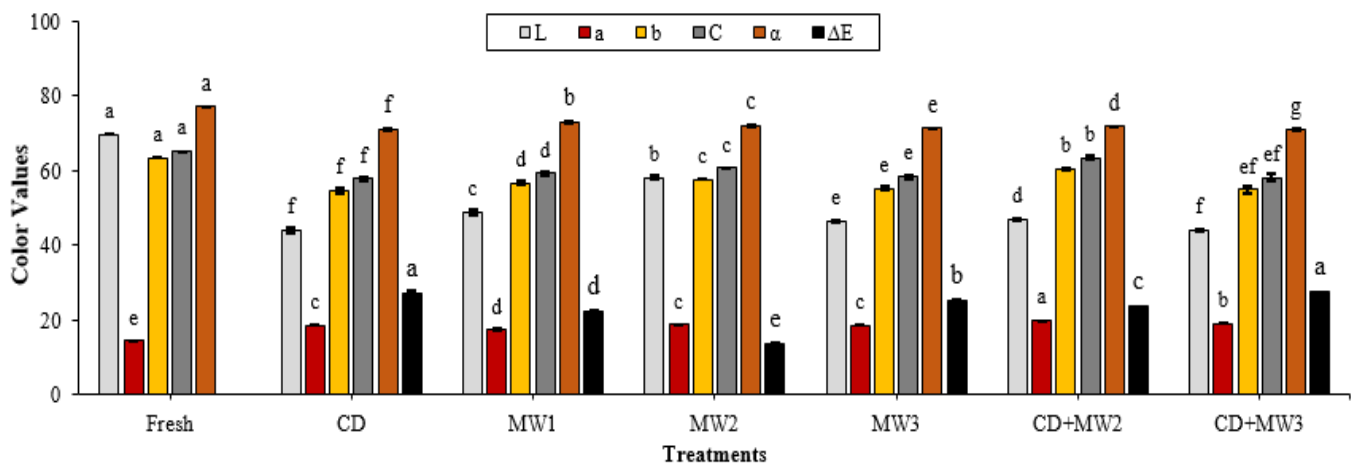


Figure 3- Color changes of peach puree at drying applications

3.3. pH and Brix analyses

Figure 4 shows the pH and Brix values for the dried and fresh samples of peach puree. The results gathered from the pH analysis showed that all drying applications increased the pH content from 4.26 (fresh) to 4.41 (CD+MW2). Although the drying process affected the pH variation, there were no differences in pH values between “CD” and “MW3”. Furthermore, the Brix content in the fresh peach puree was 9.00. The changes in Brix values were increased with all drying experiments. Among the six drying experiments, the highest Brix value (78.00) was recorded with “CD+MW2”, while the lowest values (40.80) were recorded with “CD”. Results of our study were similar by Fuentes-Pérez et al. (2014). The pH and Brix values of six peach cultivars (O’Henry, Ryan Sun, Summer Rich, Ruby Rich, Spring Lady and Royal Glory) were measured between 3.40-4.12 and 7.93-14.08, respectively. Also, Mechlouch et al. (2012) investigated the tomato drying with microwave drying with three output powers density (1, 2 and 3 W g⁻¹) at two temperatures (57 and 67 °C). The pH - Brix values for tomato dried in microwave power of 1, 2 and 3 W g⁻¹ at a constant drying air temperature (57 °C) were 4.86 - 1.50, 4.50 - 2.00 and 4.29 - 5.13, respectively. At a constant 67 °C drying air temperature, the pH - Brix values were 4.91 - 1.00, 4.53 - 1.88 and 4.42 - 3.00 at a microwave power of 1, 2 and 3 W g⁻¹, respectively. Zade & Lakade (2017) applied microwave heating and convective hot air drying to produce raisins from grapes with desirable quality aspects. Experiments were performed by changing two process parameters of hot air temperature and specific microwave power density in the range of 35 to 55 °C and 0.15 to 0.35 W g⁻¹, respectively. The optimal combination at 45 °C hot air temperature and 0.25 W g⁻¹ specific microwave power density resulted in the 4.03 pH and 77.19 Brix values.

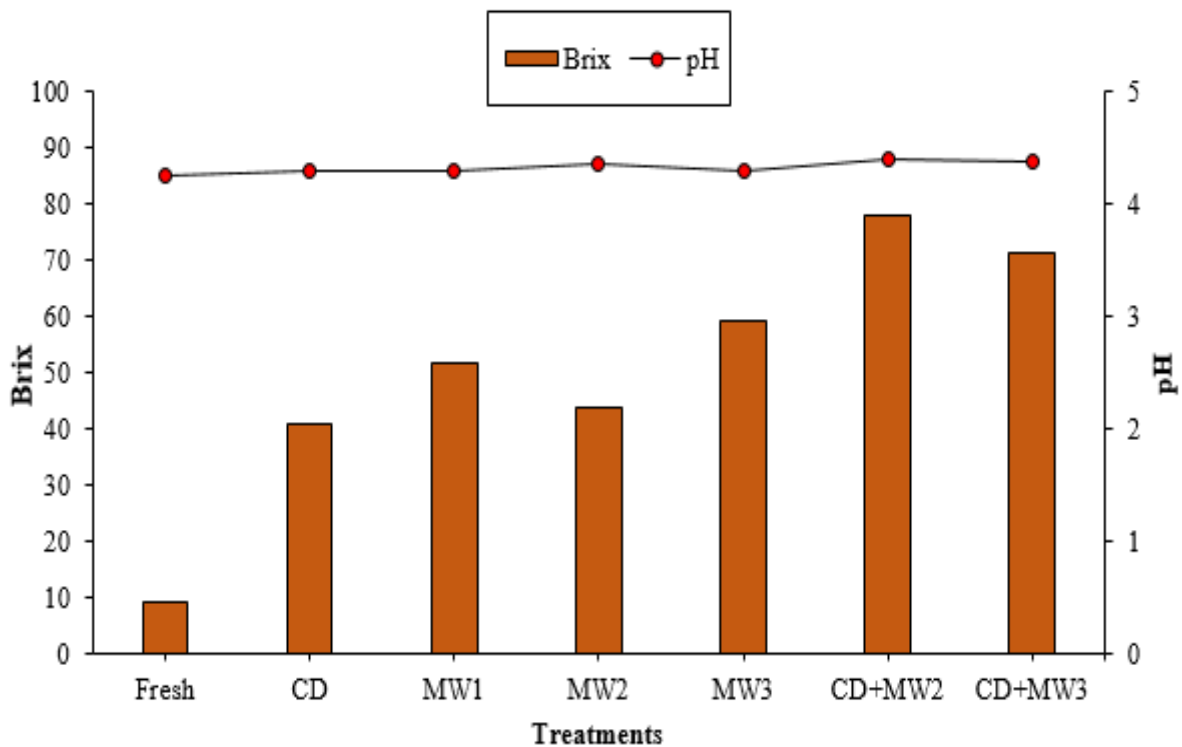


Figure 4- pH and Brix Comparison of peach puree at drying applications

3.4. Microstructure analyses

The impact of different drying applications on the tissue structure of the dried peach puree was determined by using SEM (scanning electron microscopy) (Figure 5a-f). The micrographs were examined through 2000× microscopy. The “CD” dried samples were demonstrated to be distribution that is more regular. Other applications caused the fissure structure. However, the highest distortion was seen in the “MW1” treatment. Lyu et al. (2017) imaged peach samples as well. Although a uniform porous structure was shown in fresh peach samples, the loose structure with the highest sugar penetration existed after infrared drying. Similarly, Witrowa-Rajchert & Rzaca (2009) determined the influence of drying on the internal structure of dried apples. The results present that regarding the structural properties, the apples dried by the convective method are significantly different (small cavities and very high density) from convective-microwave dried apples. In addition, Izli & Isik (2015) researched the microwave, convective and microwave-convective methods for the microstructure characteristics of tomatoes. Although after convective drying at 50 and 75 °C microstructure was detectable, the microwave-convective drying conditions caused structural damages by destroying the external surfaces of the samples.

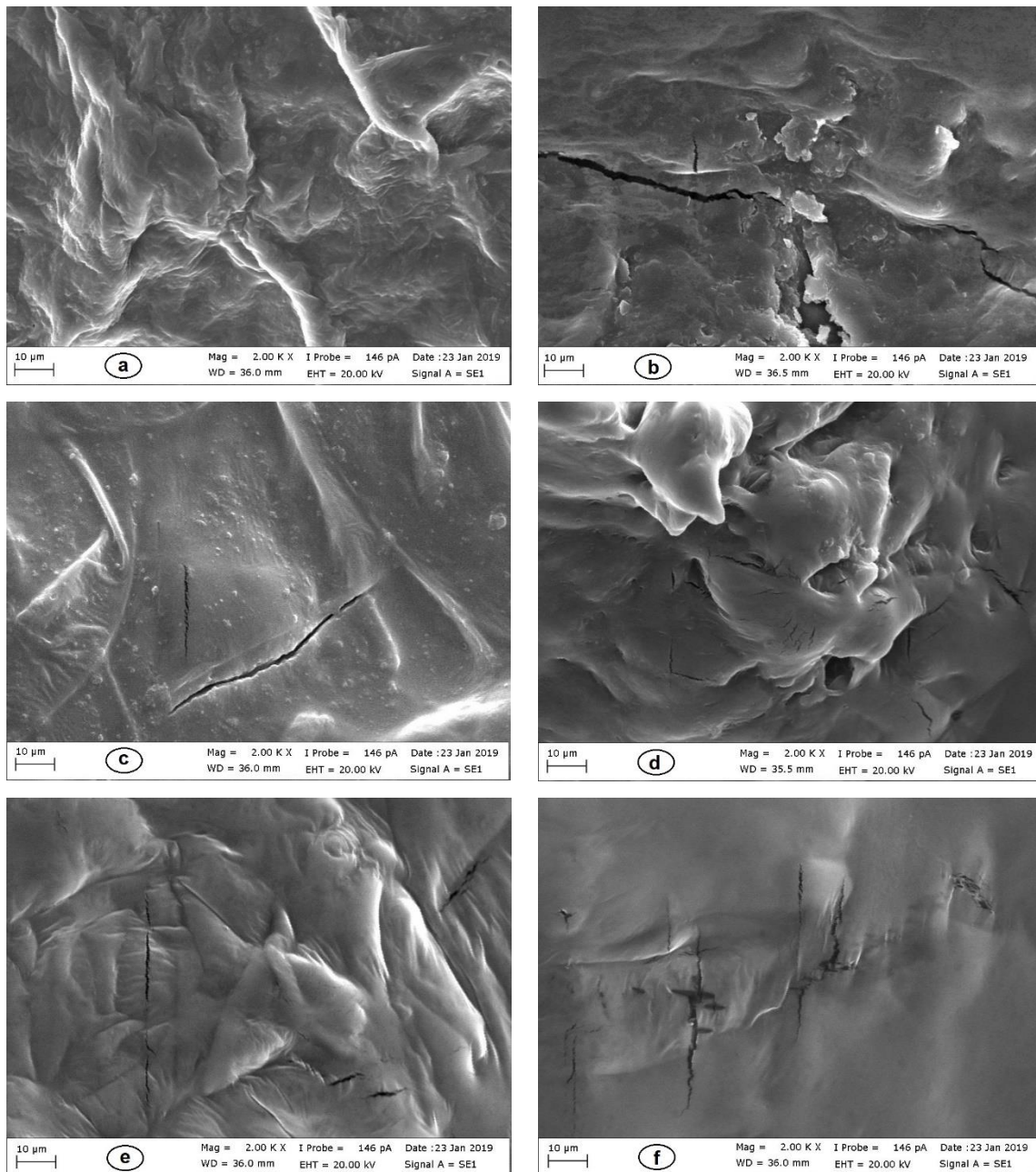


Figure 5- Microstructure of peach puree: CD (a), MW1 (b), MW2 (c), MW3 (d), CD+MW2 (e) and CD+MW3 (f)

4. Conclusions

In the presented study, drying curves, color, pH, Brix and microstructure of peach puree were analyzed by performing convective, microwave, pulsed microwave and pulsed microwave-convective drying. According to the experimental results, the “MW1” drying condition showed the shortest drying time and minimum pH change. Comparing the color values, all applications had a negative effect on the color values except *a* value. Moreover, total color differences (ΔE) were found lowest with “MW2”. However, the scanning electron micrographs showed that microwave applications disrupted the clear and porous structure. As a conclusion of drying time and drying rate comparisons, it was found that microwave usage had a favorable effect on the drying of peach puree. Furthermore, some quality analysis was also showed that the “CD+MW2” has considerably higher values over the other drying methods in terms of pH, Brix and *a*, *b* and *C* color values.

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Abbreviations and Symbols	
CD	Convective drying
db	dry basis
M_0	Initial moisture content, g water.g dry matter ⁻¹
M_t	The moisture content at a particular time, g water.g dry matter ⁻¹
M_e	Equilibrium moisture content, g water.g dry matter ⁻¹
MR	Moisture ratio
MW	Microwave drying
PR	Pulse ratio
SEM	Scanning electron microscopy
t_{on}	Magnetron power “on” time
t_{off}	Magnetron power “off” time

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