

Graham Little-Piccardi-Lassueur syndrome in a male patient: a case report

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ABSTRACT

Graham Little-Piccardi-Lassueur syndrome is a type of lichen planopilaris characterized by the triad of patchy cicatricial alopecia of the scalp, non-cicatricial alopecia of the axilla and pubis, and follicular spinous papules on the body, scalp or both. This rare syndrome primarily affects middle-aged postmenopausal women with only three male cases being reported in literature. Herein we report a 53-year-old man who is fourth male patient diagnosed with Graham Little-Piccardi-Lassueur syndrome up to now.

Keywords: Graham Little-Piccardi-Lassueur syndrome, lichen planopilaris, male

Graham Little-Piccardi-Lassueur syndrome (GLPLS) is a type of lichen planopilaris characterized by the triad of patchy cicatricial alopecia of the scalp, non-cicatricial alopecia of the axillae and pubis, and follicular spinous papules on the body, scalp or both [1]. It is more common in postmenopausal women, with only few male cases being reported in literature [2]. Here we report a 53-year-old man diagnosed with GLPLS who is fourth male patient in the literature.

CASE PRESENTATION

A 53-year-old male patient presented with loss of hair on scalp, axilla, pubic region, arms and legs. The symptoms had started 40 years ago with hair loss on scalp, over the years the hair loss spread axilla, pubic region, arms and legs. He also complained of small pruritic lesions on the trunk, abdomen, forearms and thighs. He has no family history and received no

treatment before.

Scarring alopecia on parietal area of scalp with multiple dilated follicular orifices plugged with keratotic debris and perifollicular violaceous hyperpigmentation was present on examination. There was axillar and pubic hypotrichosis without skin atrophy. Multiple follicular-oriented keratotic papules, perifollicular erythema and hair loss were present on the trunk, forearms and legs (Fig. 1).

Laboratory tests including hemogram, blood sugar, renal, liver and thyroid function tests, viral markers for hepatitis B and C, and serum antinuclear antibody levels were normal. Skin biopsy from the follicular papules on forearms showed follicular plugging, necrotic keratinocytes, basal vacuolar degeneration and dense band-like lymphocytic infiltration in superior segment of follicular epithelium (Fig. 2). Based on these findings, the patient was diagnosed with GLPLS and oral isotretinoin and topical corticosteroid treatments were started.

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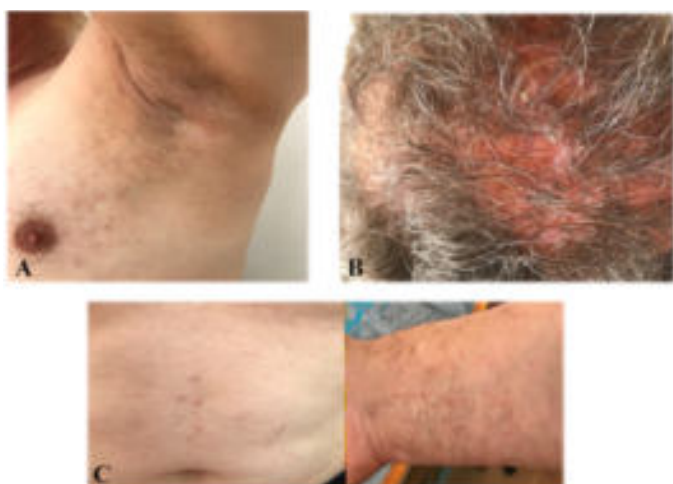


Fig. 1. (A) Axillar hypotrichosis without skin atrophy, (B) Alopecic areas with perifollicular erythema and desquamation, and (C) Follicular keratotic papules on abdomen and forearms.

DISCUSSION

GLPLS was initially described by Picardi in 1913 as a case of progressive scalp cicatricial alopecia, non-cicatricial alopecia in the axilla and pubic region, and follicular spinous papules on the trunk and extremities. Graham Little, in 1915 published a similar case of a woman observed by Lassueur, followed by many similar reports later [3]. A Pubmed search from 1951 to 2018 produced fewer than 50 cases of GLPLS in the literature and only three of them were male [4-6].

The etiology of GLPLS is unknown, but it is likely similar to the T-cell mediated immunological mechanism that triggers the clinical expression of lichen planus [7]. An autoimmune response against the inner centromere protein (INCENP) was reported in a

patient with GLPLS. This protein is considered to be one of main antigen in this syndrome [8]. Few cases describing a familial pattern (HLA DR-1), association with hepatitis B vaccination and two female patients with androgen insensitivity syndrome have been reported [9-12].

Clinically, scarring alopecia often precedes the follicular eruption and the course of disease is slowly progressive [13]. Pruritus often can be severe although it is not always constant [4]. Most patients present with well-defined clinical findings that represent symptoms of the triad of GLPLS; however these findings need not present simultaneously [9]. Histopathology reveals a perifollicular lymphocytic infiltrate at the level of the infundibulum and the isthmus, along with vacuolar changes of the outer root sheath. More developed cases show perifollicular fibrosis and epithelial atrophy at the level of the infundibulum and the isthmus [14].

Treatment of GLPLS is really difficult. Topical, intralesional and systemic corticosteroids, retinoids, psoralen plus ultraviolet A (PUVA) photochemotherapy, antimalarials, topical tacrolimus, thalidomide and cyclosporin have been used with limited success [15].

CONCLUSION

In conclusion, we reported this case because of extreme rarity of presentation in males. When similar clinical findings seen in a male patient like this case, GLPLS should be suspected.

Informed consent

Written informed consent was obtained from the patient for publication of this case report and any accompanying images.

Conflict of interest

The authors declared that there are no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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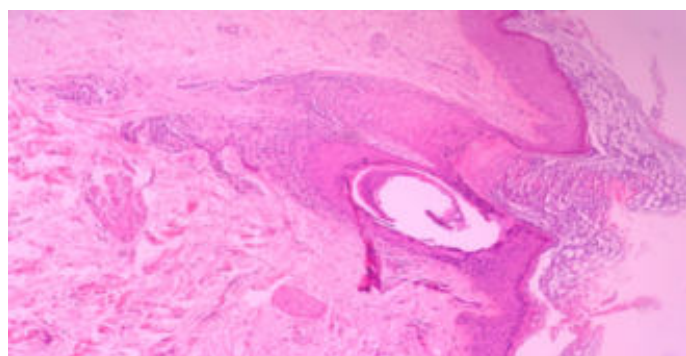


Fig. 2. Follicular plugging, necrotic keratinocytes, basal vacuolar degeneration and lymphocytic infiltration of follicular epithelium.

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