

# Right Ventricular Cardiac Power Output as a Mortality Predictor in Patients with Pulmonary Arterial Hypertension

## Pulmoner Arteriyel Hipertansiyonda Sağ Ventrikül Kardiyak Atım Gücünün Mortalite Belirteci Olarak Değerlendirilmesi

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Geliş Tarihi / Received : 14.04.2021

Kabul Tarihi / Accepte: 03.11.2021

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(Sakarya Tıp Dergisi / Sakarya Med J 2021, 11(4):794-802) DOI: 10.31832/smj.915463

### Abstract

Objective	Right heart catheterization (RHC) is a gold standard method for diagnosis, also monitors the level of the disease, the prognosis, and the response to the therapy in patients with pulmonary arterial hypertension (PAH). Cardiac power output (CPO) is the product of flow and pressure. Aim of this study was to evaluate right ventricular cardiac power output (RVCPO) in PAH patients as a prognostic factor.
Materials and Methods	Demographic characteristics, functional class, RHC findings, echocardiographic data, PAH-specific medical treatment usage of 105 treatment-naïve, newly diagnosed Group 1 PAH patients between September 2009 and June 2019 were reviewed. RVCPO (Watt) was calculated as a product of cardiac output (CO) and mean pulmonary artery pressure (mPAP), divided by a constant of 451.
Results	RVCPO was lower in high-risk patients (0,25 ± 0,02 W for high risk, 0,42 ± 0,15 W for low risk, and 0,44 ± 0,10 W for intermediate-risk; p=0.04) in comparison with low and intermediate-risk patients. RVCPO showed very high correlation with mPAP while a low positive correlation with CO, and PVR. 0,44 W for RVCPO was found the most accurate predictor value for mortality in low and intermediate-risk patients by ROC analysis.
Conclusion	RVCPO could be a promising hemodynamic parameter that represents cardiac pumping ability with PAH patients. RVCPO tends to increase with low and intermediate risk while decrease with high-risk and associated with mortality above 0,44 W with low and intermediate-risk patients. We suggest that RVCPO could be a beneficial hemodynamic tool to discriminate the patients at-risk among the low and intermediate-risk groups.
Keywords	pulmonary arterial hypertension; cardiac power output; pulmonary circulation; right heart catheterization; right ventricle hemodynamics

### Öz

Amaç	Sağ kalp kateterizasyonu pulmoner arteriyel hipertansiyonun (PAH) tanısında altın standart olmanın yanı sıra, hastalığın ciddiyetinin belirlenmesi ve takip eden süreçte tedaviye yanıtın değerlendirilmesi açısından önemli bir rol oynamaktadır. Kardiyak atım gücü (KAG) ise akım ve basıncın bir bileşkesi olup kalbin pompa fonksiyonuna ilişkin bilgi vermektedir. Çalışmanın amacı KAG değerinin PAH hastalarında prognostik faktör olarak kullanımının araştırılmasıdır.
Gereç ve Yöntem	Çalışmada; Eylül 2009- Haziran 2019 yılları arasında, 105 tedavi naif, yeni tanı Grup 1 PAH hastası araştırılmıştır. Araştırılan KAG değeri Watt cinsinden kardiyak atım hacmi ve ortalama pulmoner arter basıncının çarpımının 451 sabitine bölünmesi ile bulunmuştur.
Bulgular	KAG değeri yüksek riskli hastalarda (0,25 ± 0,02 W Yüksek risk, 0,42 ± 0,15 W düşük risk, ve 0,44 ± 0,10 W orta-risk; p=0.04) düşük ve orta-riskli hastalara kıyasla anlamlı ölçüde düşük bulunmuştur. Orta ve düşük riskli grupta, lojistik regresyon analizi neticesinde sağ ventriküle ait KAG değeri artış gösterdikçe mortalitenin arttığı gösterilmiştir (HR: 2,06, 95% CI: 1.1-3.03, p=0.03). Kırılma noktasının ROC analizi ile 0,44 W olduğu, bu değer üstündeki düşük-orta risk profilinde mortalitenin yüksek seyrettiği görülmüştür.
Sonuç	KAG; kardiyak rezervi göstermesi açısından PAH hastalarında gelecek vaad eden bir parametre olarak göze çarpmaktadır. Yüksek riskli grupta rezervin tükendiğine işaret eder nitelikte düşük seyrederken, rezervini tam anlamıyla yitirmemiş orta-düşük riskli grupta kompensatuar rezervin üst sınıra gelecek şekilde artış gösterdiği bu sınır aşıldıktan sonra mortalite artışının işaretini bir parametre olarak değerlendirilebilir.
Anahtar Kelimeler	pulmoner arteriyel hipertansiyon; kardiyak atım gücü; pulmoner dolaşım; sağ kalp kateterizasyonu; sağ kalp hemodinamisi

## INTRODUCTION

Clinical experience with right heart catheterization (RHC) revealed that it has the diagnostic and prognostic significance for understanding the hemodynamic process of pulmonary vascular disorders.<sup>1-3</sup> Besides, to be a gold standard for diagnosis, RHC provides useful data to better understand the level of the disease and the prognosis, also monitors the response to the therapy. RHC also plays a role in the diagnosis and management of heart failure, shock, congenital heart disease, and valvular heart disease. Cardiac power output (CPO) is the product of flow and pressure. It represents the rate of external work done by the dedicated ventricle or the function of the heart as a mechanical pump.<sup>4</sup> Left ventricular cardiac power output (LVCPO), was well-established as a strong independent predictor of in-hospital mortality in patients with cardiogenic shock and as a significant predictor of outcome in chronic heart failure.<sup>5,6</sup> However, CPO for right ventricle (RV) in pulmonary arterial hypertension (PAH) patients has not been comprehensively investigated for mortality and morbidity prediction yet. Therefore, we conducted a retrospective data analysis of the right ventricular cardiac power output (RVCPO) and assessed it based on invasive methods as a promising parameter for mortality prediction in PAH patients.

## MATERIALS and METHODS

We reviewed medical records of 105 treatment naive, newly diagnosed Group 1 PAH patients between September 2009 and June 2019. The study designed as retrospective, observational and methodological. Baseline characteristics, RHC findings, echocardiographic data, PAH-specific medical treatment usage were recorded. Eisenmenger's Syndrome patients (n:38) were excluded from the study cause of the confounding nature of different cardiac output (CO) values of RV and left ventricle (LV) and, different mechanical dynamics of shunt amount and location.

We performed right and left-sided cardiac catheterization for each patient at baseline to assess the hemody-

namic measurements. The catheterization was performed through cannulation of the femoral vein and artery under fluoroscopic guidance. Hemodynamic variables measured by RHC include CO using Fick's equation, mixed venous oxygen saturation (SvO<sub>2</sub>), pulmonary arterial pressures (PAP), pulmonary arterial wedge pressure (PAWP), right atrial pressure (RAP), and right ventricular pressure (RVP). Transpulmonary pressure gradient (TPG), pulmonary vascular resistance (PVR), and cardiac index (CI) were calculated according to predefined formulas. Hemodynamic equations were as follows; RVCPO (W) was calculated as a product of CO and mean pulmonary artery pressure (mPAP), divided by a constant of 451. Pulmonary vascular resistance (PVR) (Wood Units) was determined by the following equation: (mPAP – PCWP) / CO. TPG defined by the difference between mPAP and PCWP. Patients were diagnosed as PAH if they had a mean pulmonary arterial pressure (mPAP) of  $\geq 25$  mmHg, a wedge pressure of  $\leq 15$  mmHg, and PVR  $\geq 3$ WU in RHC.<sup>7</sup> Transthoracic echocardiography data were recorded as well. 6-minute walk distance (6MWD), World Health Organization (WHO) functional class, and N-terminal Pro-brain natriuretic peptide (NT-Pro-BNP) values were also considered for risk stratification. We used the European Society of Cardiology/European Respiratory Society (ESC/ERS) guidelines risk assessment tool for stratification.<sup>7</sup>

The participants of this study provided written informed consent of the utilization of their medical records. All subjects gave informed consent, the study complied with the Declaration of Helsinki, and the trial was approved by the institutional local ethics committee (The protocol code: 27.07.2020 Versiyon 1- HNEAH-KAEK 2020/KK7158.). No external support has received.

## Statistical analysis

The variables were investigated using visual (histograms, probability plots) and analytical methods (Kolmogorov-Smirnov/Shapiro-Wilk's test) to determine whether they are normally distributed. Descriptive analyses were

presented using mean  $\pm$  standard deviations for normally distributed and medians and interquartile ranges (IQR) for the non-normally distributed variables. Categorical variables were compared by X2 test. Continuous variables were compared using an independent sample Student's t-test. One-way ANOVA was used to compare RVCPO among the PAH subgroups and risk stratification. An overall p-value of less than 0.05 was considered to show a statistically significant result. When the overall significance was observed, pairwise posthoc tests were performed using Tukey's test. Univariate logistic regression analyses were used to identify predictors of outcome. We included the variables into the multivariate regression analysis that has already been investigated before as an indicator for the outcome in previous studies and found statistically significant in the univariate analyses separately. The variables affecting RVCPO were investigated using Spearman/Pearson correlation. Time independent association between RVCPO variable and outcome was assessed using receiver-operating characteristic curve analysis. When a significant cut-off value was observed, the sensitivity, specificity, positive and negative predictive values were presented. A p-value  $<0,05$  was considered significant for all the data examined (SPSS software, version 22.0).

## RESULTS

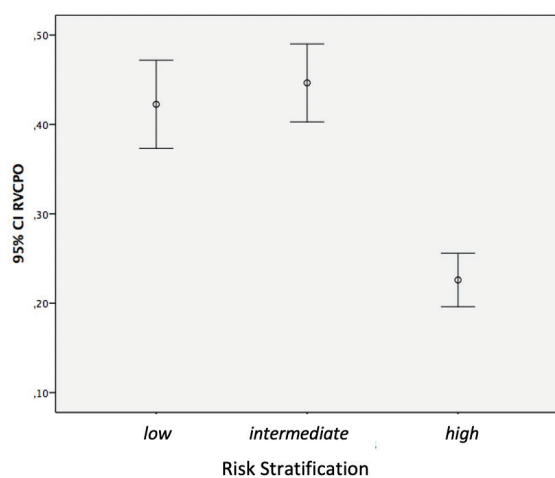
Medical records (between 2009 and 2019) of 67 PAH patients have been evaluated. Distribution of all patients among Group 1 PAH patients without Eisenmenger's Syndrome, has demonstrated as followed; 43,3% (n:29) idiopathic pulmonary arterial hypertension (IPAH); 1,5% (n:1) drugs and toxins induced PAH; 47,8% (n:32) connective tissue disease associated with PAH (CTD-APAH); 7,5% (n:5) PAH after the correction of the congenital defect without any residual shunt. All patients received targeted PAH therapy included endothelin receptor antagonists in 56 (83,5%), phosphodiesterase type-5 inhibitors in 52 (77,6%) and prostacyclin analogs in 35 (52,2%) patients. A total of 50 (74,6%) and 10 (10,4%) patients received double combination of PAH therapies and triple

combination included with an intravenous prostacyclin analogue, respectively. Baseline demographics, RHC, and echocardiographic data have shown in Table 1.

PH (n:67)	
Demographic parameters	
Age, years	62 (48 - 76)
Gender, n; females (%)	45 (67,2%)
BMI, kg/m <sup>2</sup>	27,2 $\pm$ 4,8
WHO FC, % (n)	
I	3 (2)
II	48 (32)
III	42 (28)
IV	7 (5)
Risk groups, % (n)	
low	39 (26)
intermediate	54 (36)
high	7 (5)
6MWD, m	344 $\pm$ 166
Median duration of follow-up, years	3,7 $\pm$ 2,5
NT pro- BNP (pg/ml)	430 (200 - 660)
Echocardiographic parameters	
Peak tricuspid regurgitation velocity, m/sec	3,4 (2,9-3,9)
Left ventricular Ejection fraction, %	61,3 $\pm$ 9,5
Estimated systolic pulmonary artery pressure, mmHg	53 (40 - 66)
Tricuspid annular plane systolic excursion, mm	18,1 $\pm$ 4,1
Right ventricular systolic doppler velocity, cm/ sec	11 (9,5 - 12,5)
Right atrium area, cm <sup>2</sup>	18 (10 - 26)
Hemodynamic parameters	
mPAP, mmHg	49,5 $\pm$ 15,1
PVR, Wood Units	9,7 (4,6-14,8)
RVCPO, Watt	0,41 $\pm$ 0,14
PCWP, mmHg	10 (6,5 - 13,5)
Cardiac index, L/min/m <sup>2</sup>	2,2 $\pm$ 0,49
RAP, mmHg	10 (6-14)
BMI: Body mass index; WHO FC: World Health Organization Functional Class; 6MWD: 6 minutes walking distance; NT-Pro BNP: N-terminal Pro brain natriuretic peptide; mPAP: mean pulmonary arterial pressure; PVR: pulmonary vascular resistance; RVCPO: right ventricular cardiac power output; PCWP: pulmonary capillary wedge pressure; RAP: right atrial pressure.	

### Hemodynamics in relation to baseline characteristics

The total observation period was  $3,7 \pm 2,5$  years. Overall mortality was 22,4% (n:8 with(in) IPAH, n:6 with(in) CTD-APAH, n:1 in drugs and toxins induced patients). RVCPO was increased to  $0,41 \pm 0,14$  W. Female patients had a significantly lower RVCPO than men (male patients) ( $0,37 \pm 0,12$  W for women vs.  $0,53 \pm 0,13$  W for men,  $p = 0,005$ ). RVCPO was found higher among obese (BMI  $\geq 30$  kg/m<sup>2</sup>) than non-obese patients ( $0,41 \pm 0,13$  vs.  $0,47 \pm 0,15$ ,  $p=0,100$ ) however the difference was found as non-significant. One-way ANOVA revealed that RVCPO was lower in high-risk patients ( $0,25 \pm 0,02$  W for high risk,  $0,42 \pm 0,15$  W for low risk, and  $0,44 \pm 0,10$  W for intermediate-risk;  $p=0,04$ ) in comparison with low and intermediate-risk patients. The statistical significance was found related to the difference between high-risk to low and intermediate risk groups (Figure-1).

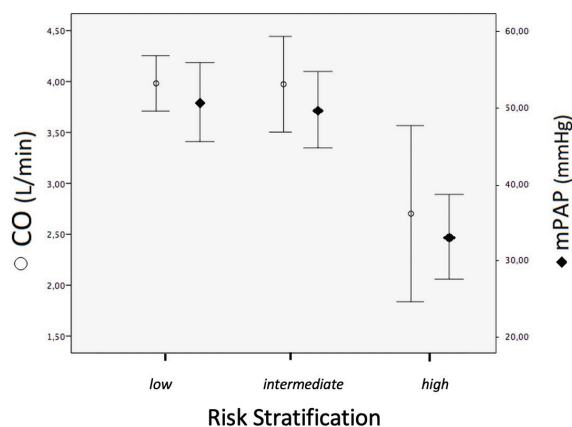


RVCPO: right ventricular cardiac power output.

Figure 1- Post-hoc analyses of RVCPO values according to risk stratification

RVCPO was not significantly different between low and intermediate-risk groups. Also, as components of RVCPO; mPAP ( $35 \pm 12$  mmHg for high risk,  $52 \pm 0,15$  W for low risk and  $56 \pm 6$  mmHg for intermediate-risk;  $p=0,003$ ) and CO ( $2,5 \pm 0,3$  L/min for high risk,  $3,65 \pm 0,15$  L/min for low risk and  $3,55 \pm 0,11$  L/min for intermediate-risk;

$p=0,016$ ) was higher in low and intermediate-risk patients in comparison with the high-risk population (Figure-2).



mPAP: mean pulmonary artery pressure; CO: cardiac output.

Figure 2- Post-hoc analyses of mPAP and CO values according to risk stratification

Univariate logistic regression analysis applied to low and intermediate-risk patients. The results revealed a significant relationship between mortality and RVCPO, PVR, RAP, CI, NT pro- BNP levels, 6MWD, age while mPAP, RA area, right ventricular systolic Doppler velocity (RVS), tricuspid annular plane systolic excursion (TAPSE) have shown no statistically significant relation with mortality (Table 2). For multivariate analysis, the possible factors identified with univariate analyses were further entered into the logistic regression analysis to determine independent predictors of outcome. In multivariate analysis, PVR and RVCPO (OR: 2,06, 95% CI: 1,1-3,03,  $p=0,030$ ) remained significant with the mortality among low and intermediate-risk patients (Table 3).

### Variables associated with RVCPO

We examined the relationship between RVCPO and other hemodynamic variables (Table 4). The Spearman correlation test showed a significant positive (very high) correlation between the RVCPO and mPAP. TAPSE and RVS showed a low negative correlation while CO, PVR showed

low positive and TPG have a moderate positive correlation.

Variables	Odds Ratio (95% CI)	P value
Demographics		
Age (years)	1,063 (1,021-1,106)	0,003*
NT Pro-BNP	1,11 (1,03-1,2)	0,002*
6 Minute Walking Distance	0,994 (0,991-0,997)	0,000*
Hemodynamic variables		
m PAP, mmHg	1 (0,97-1,03)	0,090
Right atrial pressure, mmHg	1,29 (1,12-1,46)	0,003*
Right Ventricular Cardiac Power Output	1,83 (1,1-3,03)	0,020*
Cardiac index	0,74 (0,63-0,87)	0,006*
Pulmonary Vascular Resistance	1,19 (1,1- 1,29)	0,010*
Echocardiographic variables		
Right atrial area	0,87 (0,7-1,05)	0,060
RVS	1 (0,94-1,07)	0,200
TAPSE	1,48 (0,63-2,34)	0,100

NT-Pro BNP: N-terminal Pro brain natriuretic peptide; mPAP: mean pulmonary artery pressure; RVS: right ventricular systolic Doppler velocity; TAPSE: tricuspid annular plane systolic excursion; Confidence interval:CI

Variables	Odds Ratio (95% CI)	P value
Right Ventricular Cardiac Power Output	2.06 (1,1-3,03)	0,030*
Pulmonary Vascular Resistance	1,6 (1,2- 1,8)	0,020*
Confidence interval:CI		

Variable	Correlation coefficient (r)	p value
mPAP	0,935	<0,001
TPG	0,511	<0,001
Cardiac output	0,465	<0,001
Cardiac index	0,333	0,006
PVR	0,343	0,005
RVS	-0,480	<0,001
TAPSE	-0,405	<0,001

RVCPO: right ventricular cardiac power output; mPAP: mean pulmonary artery pressure; TPG: transpulmonary gradient; PVR: pulmonary vascular resistance; RVS: right ventricular systolic Doppler velocity; TAPSE: tricuspid annular plane systolic excursion

### The cut-off value for RVCPO to determine mortality for PAH patients

We evaluated RVCPO to determine a cut-off value as an independent hemodynamic correlate of the outcome by receiver operator characteristic (ROC) analysis, a RVCPO of 0,44 W was found the most accurate predictor value for mortality for low and intermediate-risk PAH patients (Figure-3). The sensitivity was calculated as 87,7% while specificity was 69,2%. Positive and negative predictive values were reported in 48,4%, 69,2%, respectively (Table-5).

Cut-off	Sensitivity (%)	Specificity (%)	Positive predictive value (%)	Negative predictive value (%)
0,44W	86,7	69,2	48,4	69,2

RVCPO: right ventricular cardiac power output; ROC: Receiver operator characteristic

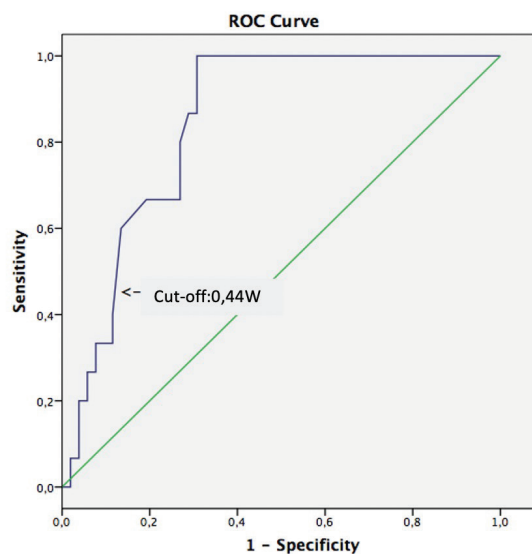


Figure-3: Area under curve and cut-off point

RVCPO: right ventricular cardiac power output; ROC: Receiver operator characteristic

Area Under the Curve Test Result Variable(s): RVCPO				
Area	Std. Error <sup>a</sup>	Asymptotic Sig. <sup>b</sup>	Asymptotic 95% Confidence Interval	
			Lower Bound	Upper Bound
,846	,047	,000	,754	,937
The test result variable(s): RVCPO has at least one tie between the positive actual state group and the negative actual state group. Statistics may be biased. a. Under the nonparametric assumption b. Null hypothesis: true area = 0.5				

## DISCUSSION

Cardiac power output represents energy per unit of time, that heart is required to pump the blood through vessels. In other words, cardiac pumping capability can be defined as the cardiac power output. It is reasonable that mortality is related to the decrease in cardiac pumping capability with advanced stages of the disease.<sup>8,9</sup> During maximal stimulation of the heart at advanced stages, cardiac pumping capability increases from resting values to maximally forced stage owing to the reservoir CPO capacity.<sup>10</sup> Over time, due to pump dysfunction, the maximal CPO decreases proportionally with the reservoir CPO consumption.<sup>10</sup> In our study, we examined RVCPO among low, intermediate, and high-risk groups of PAH patients. RVCPO tends to increase with low and intermediate-risk groups while goes to a decline with high-risk patients due to consumption of cardiac pumping capability. Also, we demonstrated that increased RVCPO values higher than 0.44 W for PAH patients with low and intermediate-risk can play a role as a mortality predictor.

PAH remains a severe clinical condition despite all approved PAH therapies. Risk assessment plays a vital role in prognostication and the decision of evidence-based treatments. The current treatment strategy is based on the severity of PAH as assessed by a multiparametric risk stratification approach, including monotherapy, double, or triple combination therapy. As it is well known that upfront combination therapy that should include parenteral prostacyclin analogue is recommended for high-risk

patients.<sup>11</sup> But initial or sequential combination or initial monotherapy are both options in the current guidelines for low and intermediate-risk groups. Further risk stratification parameters might be necessary to discriminate who should be treated as high-risk patients considering escalation, or as low-risk patients with frequent follow-up until deterioration. Therefore Yogeswaran et al. introduced further stratification of intermediate-risk patients based on 6 MWD and TAPSE/ systolic PAP ratio to sub-stratify patients at intermediate risk into low-intermediate and high-intermediate-risk groups.<sup>12</sup> Starting from this point of view, we evaluated RVCPO as a new hemodynamic parameter for further risk stratification and we hypothesized that RVCPO as a predictor of mortality and as a determinant of future adverse events in patients with low and intermediate-risk groups.

We have found that RVCPO was increased to  $0,41 \pm 0,14$  W (Normal RVCPO is  $\sim 0,21$  W that is calculated by using reference ranges of CO and mPAP in the formula) for all overall study population.<sup>13</sup> However, when we evaluated RVCPO among risk groups, it was found that RVCPO was lower in high-risk patients in comparison with low and intermediate-risk groups. This phenomenon can be explained by the RV remodeling and interdependence between right and left ventricle in response to increased RV afterload. In the beginning, a progressive increase in PVR results in RV pressure overload. RV initially copes with increased afterload by enhancing systolic contraction with concentric remodeling for maintenance of CO. When the adaptive changes fail to overcome increasing afterload, the maladaptive stage initiates with dilatation of the right chambers that results in RV volume overload in addition to pressure overload. Chronic RV afterload increase induces an extensive change of cardiac morphology and function involving both ventricles. RV remodeling causes leftward displacement of the interventricular septum and induces impaired LV diastolic filling. Thus, maintenance of CO fails.<sup>14,15</sup> After uncoupling of the right ventricle, the contribution of CO as a multiplier of RVCPO decreases.

mPAP continues to rise proportionally with increased PVR, till the right heart fails and no longer able to generate increased pressures (Figure-2). Therefore, RVCPO is expected to be fall at the end-stage patients and the reason for the lower values at high-risk patients.

The point of view from the left heart; the subanalysis of the SHOCK trial (Should We Emergently Revascularize Occluded Coronaries for Cardiogenic Shock) by Fincke et al described LVCPO as the strongest hemodynamic correlate of outcome in cardiogenic shock, bringing this hemodynamic parameter into prominence as a measure of cardiac pumping ability.<sup>5</sup> They have found that 0.53 W cut-off for LVCPO was the most accurately predict mortality. LVCPO has shown a descending course with left heart disease progression (heart failure/cardiogenic shock) while for PAH patients RVCPO increases to a certain extent at low and intermediate-risk than falls into a decline at advanced stages like the left heart.

Herrera et al investigated RVCPO concurrently with LVCPO previously to identify the responders of the acute vasodilatory test in the IPAH group that predicts better long-term prognosis.<sup>16</sup> They have found that RVCPO was elevated in IPAH patients and decreased with acute vasodilatory test with responders. They have observed that a decrease in mPAP from baseline meanwhile increase in CO after the acute vasodilatory test. Ultimately RVCPO decreased whereas LVCPO increased, so LVCPO/RVCPO ratio was found to be raised. For the non-responder group, they mentioned that RVCPO was elevated whereas LVCPO and LVCPO/RVCPO ratio remained unchanged. We have found RVCPO was elevated at the baseline in PAH patients similarly with the mentioned study. But we have also found that RVCPO has decreased at the advanced stages. Anyhow in high-risk profiled patients, RVCPO was still above the normal ranges. We demonstrated that increased RVCPO had a significant relation with mortality (OR: 2,06, 95% CI: 1,1-3,03, p=0,03) with low and intermediate-risk groups. RVCPO was found to be related with mor-

tality especially above the 0,44W cut-off value for low and intermediate risk groups.

Xie et al. evaluated RVCPO in chronic thromboembolic pulmonary hypertension (CTEPH) patients.<sup>13</sup> This study examined the RVCPO before and after pulmonary endarterectomy (PEA). They demonstrated that RVCPO was found to increase before PEA and decreased after PEA. The reason for the decrease in RVCPO; was explained in this study by association with RV stunning and/or disproportionate drop in mPAP after PEA. In our study, the correlation between RVCPO and its components revealed that mPAP showed a high positive correlation (correlation coefficient: 0,935, p<0,001) while CO showed a low positive correlation (correlation coefficient: 0,465, p<0,001). We suggest that remodeling as a response to increased RV afterload takes more time than observing an elevation course of mPAP as a response of pulmonary vascular remodeling. So, with the results of correlation coefficients in our study; we suggest that mPAP as a multiplier of the RVCPO might be more determinant on RVCPO than CO in PAH patients.

The ESC/ERS guidelines and Proceedings of the 2018 World Symposium on Pulmonary Hypertension recommend comprehensive risk assessment at expert PAH centers by using clinical, echocardiographic, exercise, laboratory, and hemodynamic parameters.<sup>7,17</sup> The main take-away received from three European studies and REVEAL study that were made to evaluate the alternative versions of this stratification in PAH patients is that patients who improved to a lower-risk profile at follow-up had better outcomes than those who did not improve.<sup>18-22</sup> In the mentioned studies, it was suggested that stability should not be considered as an acceptable treatment outcome as the patients who remain "stable" in the intermediate-risk group. Because it has shown that this group of patients had poorer outcomes than low-risk profile. Determining the optimum treatment strategy in order to obtain a low-risk profile is main target of these risk assessment tools. Therefore, with

the benefit of these tools it leads us to have an accurate discrimination of who will get more benefit from initial either dual or triple combination therapy for newly diagnosed patients. Because from the previous experiences, it is known that if patients stratified intermediate or high risk at baseline and however obtained the low-risk profile in time had similar outcomes compared to those who were initiated as low-risk profile. An initial triple combination that includes parenteral prostacyclin analogue is the most rational treatment option for high-risk patients. But discrimination of who will get more benefit from upfront dual or triple oral treatment or sequential combination with low and intermediate-risk groups becomes more of an issue. So, we suggest that RVCPO can provide additional information about mortality prediction with low and intermediate-risk at baseline.

Study limitations: The main limitations of the present study included that it was a single-center, retrospective experience. Further studies are warranted to establish to confirm our findings with an extended and follow-up study population.

### CONCLUSION

Right ventricular cardiac power output could be a promising hemodynamic parameter that represents cardiac pumping ability with PAH patients. RVCPO tends to increase with low and intermediate risk while goes to a decline with high-risk patients and associated with mortality above 0,44 W with low and intermediate-risk patients. We suggest that RVCPO could be a beneficial hemodynamic tool to discriminate the patients at-risk among the low and intermediate-risk groups.

**The ethical approval protocol code: 27.07.2020 Versiyon 1- HNEAH-KAEK 2020/KK7158**



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